

382204 - PINEAPPLE CUBE 2/5# MG3 IQF DL 3/8"

Picked at the peak of ripeness and quick-frozen to lock in nutrients and flavor, DOLE® Chef-Ready Cuts deliver unbeatable time, labor and cost savings.

**MARKETING**

High Quality Fruit. Trusted Brand Name. Washed, Prepped & Ready-to-Use. 100% Usable Fruit, Zero Product Waste. Resealable Bags, Individually Marked With "Best By" Date"

Nutrition Facts

16 Servings per container

Serving Size**1 CUP****Amount Per Serving****Calories****80**

% Daily Value*

Total Fat 0**0%**

Saturated Fat 0 g

0%

Trans Fat 0 g

Cholesterol 0 mg**0%****Sodium** 0 mg**0%****Total Carbohydrates** 18 g**7%**

Dietary Fiber 2 g

7%

Total Sugars 14 g

Includes 0 g Added Sugars

0%**Protein** 1 g

Vitamin D 0 mcg

0%

Calcium 0 mg

0%

Iron 0.4 mg

2%

Potassium 150 mg

4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
28317	382204	10071202283178	2/5 lbs

Brand	Brand Owner	GPC Description
DOLE	DOLE PACKAGED FOODS LLC	Fruit - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10 LBR	No	TH, PH	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS

Pineapple cubes are ideal for salads, stir-fry, smoothies, salads and desserts.

INGREDIENTS

PINEAPPLE.

HANDLING SUGGESTIONS

Keep frozen. Store at 0°F or below at all times.

PREPARATION & COOKING SUGGESTIONS

Keep frozen. Store at 0F or below at all times. Handling & Storage: Baking: Do not thaw. Use fruit while frozen. Thawing: Place unopened bag on shelf rack, in refrigerator (36 to 38F) for 1-1/2 to 2-1/2 hours, turning over occasionally, until desired firmness or partially thawed. Serve slightly frozen

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	80
Protein	1 g
Total Carbohydrates	18 g
Sugars	14 g
Dietary Fiber	2 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	67 mg
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	0.4 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM
HALAL	YES

KOSHER	YES
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VEGAN	YES
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