

DOLE

382204 - PINEAPPLE CUBE 2/5# MG3 IQF DL 3/8"

Picked at the peak of ripeness and quick-frozen to lock in nutrients and flavor, DOLE® Chef-Ready Cuts deliver unbeatable time, labor and cost savings.



MARKETING

High Quality Fruit. Trusted Brand Name.
Washed, Prepped & Ready-to-Use. 100% Usable Fruit, Zero Product Waste.
Resealable Bags, Individually Marked With ""Best By"" Date"

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
28317	382204	10071202283178	2/5 lbs			
Brand	Brand Owner	GPC Description				
DOLE	DOLE PACKAGED FOODS LLC	Fruit - Prepared/Processed (Frozen)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10 LBR	No	PH, CR	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.313 INH	10.313 INH	6.625 INH	0.447 FTQ	16x10	730 Days	-10 FAH / 0 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
NOT_APPLICABLE	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep frozen. Store at 0°F or below at all times.

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Peanuts - N

Tree - N

Fish - N

Shellfish - NI

Crustaceans - N
- Nutrition Facts

16 Servings per container

Serving Size1 cup (140g)

Amount Per Serving

Calories80

% Daily Value*

Total Fat00%

Saturated Fat0 g0%

Trans Fat0 g

Cholesterol0 mg0%

Sodium0 mg0%

Total Carbohydrates18 g7%

Dietary Fiber2 g7%

Total Sugars14 g

Includes 0 g Added Sugars0%

Protein1 g

Vitamin D0 mcg0%

Calcium0 mg0%

Iron0.4 mg2%

Potassium150 mg4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
- INGREDIENTS

PINEAPPLE.
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PREPARATION & COOKING SUGGESTIONS

Keep frozen. Store at 0F or below at all times.
Handling & Storage: Baking: Do not thaw. Use fruit while frozen. Thawing: Place unopened bag on shelf rack, in refrigerator (36 to 38F) for 1-1/2 to 2-1/2 hours, turning over occasionally, until desired firmness or partially thawed. Serve slightly frozen

SERVING SUGGESTIONS

Pineapple cubes are ideal for salads, stir-fry, smoothies, salads and desserts.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80	Total Fat	0	Sodium	0 mg
Protein	1 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	18 g	Saturated Fat	0 g	Iron	0.4 mg
Sugars	14 g	Added Sugars	0 g	Potassium	150 mg
Dietary Fiber	2 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C	67 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

GLUTEN	FREE_FROM	KOSHER	YES	VEGAN	YES
HALAL	YES				

MORE IMAGES

