



10 Lb (4.54 kg) Haddie Bites Battered Haddock Bites 0.6 oz, MSC

High Liner Foodservice Battered Haddie Bites are a scrumptious detour in the fish category. These specially formed, round bites feature wild caught Haddock dipped in a signature seasoned batter. Each easily deep fries or bakes to crispy, crunchy perfection to fit a variety of applications, from appetizers and entrées or as part of your small plate offerings. Haddie Bites pair perfectly with various flavors that appeal to your patrons, and deliver exceptional plate coverage, plate after plate.

Product Last Saved Date: 01 July 2025



Nutrition Facts

44 Servings per container
Serving Size 6 Pieces (102g)

Amount Per Serving
Calories 200

% Daily Value*

Total Fat 10 g 13%

Saturated Fat 1 g 5%

Trans Fat 0 g

Cholesterol 25 mg 9%

Sodium 350 mg 15%

Total Carbohydrates 19 g 7%

Dietary Fiber 1 g 2%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 10 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 1.3 mg 8%

Potassium 160 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
1084590	10073538854909	WILD

Brand	GPC Description
High Liner Foods	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.5 LBR	10 LBR	N/A	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.1969 INH	9.6851 INH	5.9055 INH	0.5030 FTQ	13x7	547 Days	-10 FAH / 0 FAH

Ingredients :

HADDOCK, WATER, VEGETABLE OIL (CANOLA, COTTONSEED, AND/OR SOYBEAN), ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WHEAT STARCH, CONTAINS 2% OR LESS OF: SALT, NATURAL FLAVORS, MALTODEXTRIN, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, CALCIUM LACTATE), NATURAL FLAVOR [CONTAINS ANNATTO AND TURMERIC (COLOR), MILK], CORN DEXTRIN, GUAR GUM, PALM OIL, AUTOLYZED YEAST EXTRACT, SOY PROTEIN ISOLATE, MODIFIED CELLULOSE, BUTTER POWDER [BUTTER, SKIM MILK, WHEY, SODIUM CASEINATE, BHA (PRESERVATIVE), BHT (PRESERVATIVE)], YELLOW CORN FLOUR, VINEGAR, DEXTROSE, EXTRACTIVES OF ANNATTO (COLOR), SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE). CONTAINS: FISH (HADDOCK), WHEAT, SOY, MILK

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 4-5 minutes. TO BAKE: Place frozen bites on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 425°F and bake for 10 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 14 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

As an hor d'oeuvre, spike Haddie Bites on a bamboo skewer and serve with a bowl of trendy dipping sauces. For a shareable appetizer/bar snack, simply toss them with BBQ or Asian style sauces. Or, add to stir fry dishes by placing them in a wok just before plating.

Species / Scientific Name:

Haddock - Melanogrammus aeglefinus

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

