



MARKETING

Furmanos's Dark Red Kidney Beans have a robust, full-bodied flavor. Packed with protein, omega-3 fatty acids, and iron, Dark Red Kidney Beans are a popular chili ingredient with a heart healthy flavor that also tastes great in salads, stews or paired with rice. U.S. Grade A (USDA Standards for Canned Dried Beans, effective September 1, 1976).



Nutrition Facts

24 Servings per container	
Serving Size	1/2 cup
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 360 mg	16%
Total Carbohydrates 21 g	8%
Dietary Fiber 9 g	32%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%

Protein 8 g	
Vitamin D 0 mcg	
Calcium 54 mg	
Iron 3 mg	
Potassium 503 mcg	

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
F10283		00041188102834					
Brand	Brand Owner		GPC Description				
Furmanos	Furmano Foods		Vegetables - Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
46.5000 LBR	40.5 LBR	No		United States		Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
18.814 INH	12.626 INH	7.25 INH	0.997 FTQ	8x7	1260 Days	40 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS

Cool, dry storage at 65°F - Shelf Life 42 Months at 40° - 85° F



ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Crustaceans - N
- AH - N
- AL - N
- Cereals - N
- BB - N
- BE - N
- BI - N
- BN - N
- BP - N
- BR - N
- CA - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- AA - N
- AD - N
- AI - N
- AU - N
- BA - N
- Celery - N
- Beef - N
- Mustard - N
- BO - N
- BQ - N
- BS - N
- CL - N



INGREDIENTS

Dark Red Kidney Beans, Water, Salt, Calcium Chloride, Disodium EDTA (To Preserve Color)



ⓘ Chicken - N	ⓘ CN - N
ⓘ CO - N	ⓘ CT - N
ⓘ DA - N	ⓘ DP - N
ⓘ EG - N	ⓘ Oak Moss - N
ⓘ Treemoss - N	ⓘ FA - N
ⓘ FH - N	ⓘ FT - N
ⓘ Barley - N	ⓘ GE - N
ⓘ Kamut - N	ⓘ Glutamate - N
ⓘ Oats - N	ⓘ Spelt - N
ⓘ HB - N	ⓘ HC - N
ⓘ HD - N	ⓘ HE - N
ⓘ HH - N	ⓘ HN - N
ⓘ HP - N	ⓘ HX - N
ⓘ HY - N	ⓘ MH - N
ⓘ Lactose - N	ⓘ Cocoa - N
ⓘ Peas - N	ⓘ Coriander - N
ⓘ Lupine - N	ⓘ Corn - N
ⓘ Pod Fruits - N	ⓘ Rye - N
ⓘ Carrots - N	ⓘ ON - N
ⓘ PM - N	ⓘ Pine Nuts - N
ⓘ Pork - N	ⓘ PP - N
ⓘ Poppy Seeds - N	ⓘ Almonds - N
ⓘ Seed Products - N	ⓘ Cashews - N
ⓘ Hazelnuts - N	ⓘ Macadamia Nuts - N
ⓘ Coconuts - N	ⓘ Pecan Nuts - N
ⓘ Brazil Nuts - N	ⓘ Sunflower Seeds - N
ⓘ Pistachios - N	ⓘ Walnuts - N
ⓘ Pulses - N	ⓘ TA - N
ⓘ TD - N	ⓘ Triticale - N
ⓘ Molluscs - N	

00041188102834 - Furmanos; 6/#10 Kidney Beans - Dark in Brine

PREPARATION & COOKING SUGGESTIONS



Ingredient

SERVING SUGGESTIONS



Serve as a side dish; Use as an ingredient on a salad bar; Use for soups, stews, casseroles, or salsas

MORE INFORMATION

