

200780 - Lucky Charms Gluten Free Cereal 25% Less Sugar Single...

Frosted and toasted whole grain, gluten-free cereal with marshmallow pieces. It comes in a ready-to-eat cup for convenient, single serve portion control. CACFP eligible and meets 2 ounce equivalent grain criteria. Perfect for K-12 meal programs. Each case contains 60 units of 2 oz cups.



MARKETING

Delicious Lucky Charms cereal with 25% less sugar (25% Less Sugar than Original Lucky Charms. Sugar content has been reduced from 19g to 12g per serving), ready to enjoy anytime, anywhere. . Convenient single-serve cup to keep the freshness and quality intact. . Each cereal cup is 2 oz and perfectly portioned for individual serving. . Frosted and toasted gluten-free whole grain-rich cereal with tasty marshmallow pieces. . 25% less sugar than Original Lucky Charms, gluten-free and whole grain-rich. . Meets 2-ounce equivalent grain, USDA Child Nutrition and CACFP eligibility.

Nutrition Facts

60 Servings per container

Serving Size

1 container

Amount Per Serving

Calories

210

% Daily Value*

Total Fat 2.5

3%

Saturated Fat 0.5 g

3%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 440 mg

19%

Total Carbohydrates 45 g

16%

Dietary Fiber 5 g

16%

Total Sugars 12 g

Includes 12 g Added Sugars

23%

Protein 5 g

Vitamin D 6.2 mcg

30%

Calcium 200 mg

15%

Iron 5.6 mg

30%

Potassium 150 mg

4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code		GTIN		Calculated Pack	
22489000	200780		10016000224893		60/2 OZ	
Brand	Brand Owner		GPC Description			
Lucky Charms	GENERAL MILLS SALES INC.		Cereals Products - Ready to Eat (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
12.000 LBR	7.50 LBR	No		United States	Undeclared	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.500 INH	12.250 INH	23.000 INH	2.69000 FTQ	9x4	312 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A	N/A	N/A			N/A	

HANDLING SUGGESTIONS

Keep in a cool, dry place

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 40
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- X99 - UN
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Whole Grain Oats, Sugar, Whole Grain Corn, Corn Starch, Corn Syrup. Contains 2% or less of: Dextrose, Modified Corn Starch, Salt, Trisodium Phosphate, Gelatin, Red 40, Yellow 5& 6, Blue 1, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₁₂ (thiamin mononitrate), Vitamin A (palmitate), Vitamin B₂ (riboflavin), A B Vitamin (folic acid), Vitamin B₁₂, Vitamin D₃.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat



SERVING SUGGESTIONS

ready to enjoy anytime, anywhere



MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	210
Protein	5 g
Total Carbohydrates	45 g
Sugars	12 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	12 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	6.2 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	440 mg
Calcium	200 mg
Iron	5.6 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	FAT	LOW
WHOLE_GRAIN	CONTAINS	VITAMIN_D	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
ENERGY	SOURCE_OF	MSG	FREE_FROM	CHOLESTEROL	FREE_FROM
IRON	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF
CHOLESTEROL	LOW	SATURATED_FAT	LOW	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
SATURATED_FAT	FREE_FROM	FREE_FROM_GLUTEN	YES		

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