



## 1/10.35 LB Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets 3.6 oz, CN, MSC

High Liner Foodservice Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets add real potato sticks to the breading for a distinct flavor and extra crunchy bite kids and adults can't resist. Each wild caught, oven-ready, portion-controlled fillet bakes from frozen to golden crispy perfection in minutes with no mess.

Product Last Saved Date: 06 November 2024



**HIGH LINER**  
FOODSERVICE™

## Nutrition Facts

46 Servings per container

**Serving Size** 1 Portion (101g)

**Amount Per Serving**

**Calories** 200

% Daily Value\*

**Total Fat** 10 g 13%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

**Cholesterol** 45 mg 15%

**Sodium** 290 mg 13%

**Total Carbohydrates** 14 g 5%

Dietary Fiber 1 g 3%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

**Protein** 14 g

Vitamin D 1.3 mcg 6%

Calcium 0 mg 0%

Iron 0.6 mg 4%

Potassium 370 mg 8%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
06533C	10035493065332	WILD

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.385 LBR	10.35 LBR	N/A	Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

### Ingredients :

71.5% ALASKA POLLOCK; 28.5% BATTER AND BREADING: POTATOES, WHOLE WHEAT FLOUR, CANOLA OIL, WATER, CONTAINS 2% OR LESS OF: WHOLE YELLOW CORN MEAL, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, SALT, CORN STARCH, SUGAR, WHEY, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), YEAST, NATURAL FLAVOR. PAR-FRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL. CONTAINS: POLLOCK (FISH), WHEAT, MILK

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	Sesame - N

### Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: PLACE FROZEN PORTIONS ON A LIGHTLY OILED SHEET PAN. CONVECTION OVEN: PREHEAT OVEN TO 400°F AND BAKE FOR 12-14 MINUTES. CONVENTIONAL OVEN: PREHEAT OVEN TO 450°F AND BAKE FOR 14-16 MINUTES. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

### Serving Suggestions:

school lunch programs, elderly feeding programs

### Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes

Has CN Statement: Yes

CN Statement: ONE 3.60 OZ WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.50 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.





# 06533C - 1/10.35 LB Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets 3.6 oz, CN, MSC

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CN Statement : ONE 3.60 OZ WHOLE GRAIN POTATO CRUNCH FISH PORTION PROVIDES 2.00 OZ EQUIVALENT MEAT AND 0.50 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS.

Suggested Bid :

Meat/Meat Alternative :

WholeGrain Credit Calculation :

### Label Copy:

\*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.

## Oven Ready Whole Grain Potato Crunch Alaska Pollock Fillets 3.6 oz

# 06533C

LOT#: 1234567890



EST. # 045

CN 100587  
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CN

#### COOKING INSTRUCTIONS FROM FROZEN:

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**CONTAINS:** POLLOCK (FISH), WHEAT, MILK

INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

DO NOT REFREEZE

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801  
FOR INQUIRIES CALL: 1-888-860-3684  
www.highlinerfoodservice.com

<sup>TM</sup> Trademark of High Liner Foods Incorporated

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## NET WT 10.35 Lb (4.70 kg)



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From an MSC certified sustainable fishery.  
www.msc.org  
MSC-C-50552

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# 06533C



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### High Liner Bid Desk Contact and Specification Verification:

Dawn Enos / Sales Operations Manager k12

PH: 603-818-5334

Email: [dawn.enos@highlinerfoods.com](mailto:dawn.enos@highlinerfoods.com)