## 630631 - CLAMS, FRZ CHOPPED SEA

LOW IN FAT, HIGH IN PROTEIN AND VERSATILE. DELICIOUS IN DIPS, CHOWDERS, STEWS, STUFFING, FRITTERS AND PASTA SAUCES. WILD CAUGHT



MARKETING

DOMESTIC HARVEST & PRODUCTION. HARVESTED ALL YEAR ... SUSTAINABLE/MSC CERTIFIED INDUSTRY. LEAN AND HEALTHY PROTEIN. JUST THAW AND USE IN ANY RECEIPE WHERE THE HIGHEST QUALITY CLAM IS REQUIRE

# **Nutrition Facts**

23 Servings per container	
Serving Size	OZ
Amount Per Serving	
Calories 55	5.25
% E	Daily Value*
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 30 mg	10%
Sodium 170 mg	7%
Total Carbohydrates 1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 0 g Added Sugars	0%
<b>Protein</b> 11 g	
Vitamin D 0 mcg	0%
Calcium 12 mg	0%
Iron 2 mg	10%
Potassium 83 mg	2%

contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Code	Dist Prod Code	GT	IN	Calculated Pack		
DC31	630631	10079212	2166009	4 x 5#		
Brand	Brand Owner		GPC Description			
SEA WATCH	SEA WATCH INTERNATIO	NAL LTD.	Shellfis	sh Prepared/Processed (Frozen)		

Gross Weight Net Weight		ght	nt Case/Catch Weight			ght	Country Of Origin			Kosher	Child Nutrition	
23 LBR 20 LBF		2	No				US, US			Undeclared	No	
Shipping												
Length	'	Width H		ight	Volume T		TIx	HI Shelf Life			Storage Temp From/To	
13.875 INH	13.875 INH 13.875 INH		71	NH	NH 0.74 FTQ		9x(	6	548 Days	-10 FAH / 0 FA		AH / 0 FAH
Traceability Regulation												
Regulation Type Code			Re	Regulatory Act		Trac	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION			F	SMA20		TRUE			N/A			

## HANDLING SUGGESTIONS

**PRODUCT SPECIFICATIONS** 

**KEEP FROZEN** 

## ALLERGENS

 $\begin{array}{l} C = {\rm 'Contains'} \, ; \, MC = {\rm 'May \ Contain'} \, ; \, M = {\rm 'Free \ From'} \, ; \, UN = {\rm 'Undeclared'} \, ; \\ 30 = {\rm 'Free \ From \ Not \ Tested'; \ 50 = {\rm 'Derived \ from \ Ingredients'} \, ; \ 60 = {\rm 'Not \ Derived \ From \ Ingredients'} \, ; \ M = {\rm 'No \ Info'} \end{array}$ 

Derived From Ingredients' ; NI = 'No Info	o'
Milk - N	🕥 Peanuts - N
🔘 Eggs - N	Tree - N
🐚 Soybean - N	🔊 Fish - N
Wheat - N	Discrete Shellfish - NI
Sesame - N	! Lobster - N
(!) Crustaceans - N	(!) Celery - N
(!) Clam - C	! Cockle - N
! Squid - N	I Molluscs - C

#### INGREDIENTS

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Sea Clams and Sea Clam Juice

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### **PREPARATION & COOKING SUGGESTIONS**

SERVING SUGGESTIONS

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MORE INFORMATION

THAW AND USE IN APPLICATION OF ANY RECIPE

CHOWDERS, SOUPS, STUFFED CLAMS, CASINOS, PASTAS, SAUCES, SAUTE APP

## NUTRITIONAL ANALYSIS

Calories	55.25	Total Fat	0 g	Sodium	170 mg
Protein	11 g	Trans Fat	0 g	Calcium	12 mg
Total Carbohydrates	1 g	Saturated Fat	0 g	Iron	2 mg
Sugars	1 g	Added Sugars	0 g	Potassium	83 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	30 mg		
Vitamin A (IU)	0	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	0 mcg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

#### NUTRITIONAL CLAIMS

#### MORE IMAGES





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