

# 630631 - CLAMS, FRZ CHOPPED SEA

LOW IN FAT, HIGH IN PROTEIN AND VERSATILE. DELICIOUS IN DIPS, CHOWDERS, STEWS, STUFFING, FRITTERS AND PASTA SAUCES



## MARKETING

DOMESTIC HARVEST & PRODUCTION. HARVESTED ALL YEAR.. SUSTAINABLE/MSC CERTIFIED INDUSTRY. LEAN AND HEALTHY PROTEIN. JUST THAW AND USE IN ANY RECIPE WHERE THE HIGHEST QUALITY CLAM IS REQUIRE

## Nutrition Facts

23 Servings per container

**Serving Size** **oz**

**Amount Per Serving**  
**Calories** **50**

% Daily Value\*

**Total Fat** 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 30 mg **10%**

**Sodium** 170 mg **7%**

**Total Carbohydrates** 1 g **0%**

Dietary Fiber 0 g **0%**

Total Sugars 1 g

Includes 0 g Added Sugars **0%**

**Protein** 11 g

Vitamin D 0 mcg 0%

Calcium 12 mg 0%

Iron 2 mg 10%

Potassium 83 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
DC31	630631	10079212166009	4 x 5#

Brand	Brand Owner	GPC Description
SEA WATCH	SEA WATCH INTERNATIONAL LTD.	Shellfish Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23 LBR	20 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TixHI	Shelf Life	Storage Temp From/To
13.875 INH	13.875 INH	7 INH	0.74 FTQ	9x6	548 Days	-10 FAH / 0 FAH

## HANDLING SUGGESTIONS

KEEP FROZEN

## SERVING SUGGESTIONS

CHOWDERS, SOUPS, STUFFED CLAMS, CASINOS, PASTAS, SAUCES, SAUTE APP

## PREPARATION & COOKING SUGGESTIONS

THAW AND USE IN APPLICATION OF ANY RECIPE

## INGREDIENTS

Sea Clams and Sea Clam Juice

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Clam - C
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - C

## MORE INFORMATION

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**NUTRITIONAL ANALYSIS**

Calories	50
Protein	11 g
Total Carbohydrates	1 g
Sugars	1 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	30 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	170 mg
Calcium	12 mg
Iron	2 mg
Potassium	83 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS****MORE IMAGES**