

Baron Spices, Inc.

681551 - Nutmeg, Ground

Dried brown seed of the fruit of an evergreen tree of the nutmeg family. The ground product will have a dull brown color, sweet flavor and slightly bitter and aromatic undertone. Used in a variety of ethnic cuisines, both sweet and savory.



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
6540	681551	20081274010241	6/16 oz

Brand	Brand Owner	GPC Description
Baron Spices, Inc.	Baron Spices, Inc.	Herbs/Spices (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8 LBR	6 LBR	No	GD, ID	Yes	No

Shipping						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N

SERVING SUGGESTIONS

Add to egg nog, fruit, bisques, mushroom soups, stuffin, fried chicken, ham, sausage, meat loaf, sweet potatoes, carrots, spinach, cream sauces, chocolate sauce, cinnamon rolls, cakes and cookies.

HANDLING SUGGESTIONS

Store in a cool, dry area in tightly sealed container.

PREPARATION & COOKING SUGGESTIONS

Ready to use. Stir in or sprinkle on.

MORE INFORMATION

Nutrition Facts

3888 Servings per container

Serving Size .7 grams

Amount Per Serving

Calories3.6

% Daily Value*

Total Fat 0.25 g0%

Saturated Fat 0.17 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 0 mg0%

Total Carbohydrates 0.34 g0%

Dietary Fiber 0.14 g0.5%

Total Sugars 0.19 g

Includes Added Sugars%

Protein 0 g

Vitamin D%

Calcium0%

Iron0%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Spice

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NUTRITIONAL ANALYSIS

Calories	3.6	Total Fat	0.25 g	Sodium	0 mg
Protein	0 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	0.34 g	Saturated Fat	0.17 g	Iron	
Sugars	0.19 g	Added Sugars		Potassium	
Dietary Fiber	0.14 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg	Thiamin	
Vitamin A (IU)		Vitamin D		Niacin	
Vitamin A (RE)		Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS

KOSHER	YES
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