

681551 - Nutmeg, Ground

Dried brown seed of the fruit of an evergreen tree of the nutmeg family. The ground product will have a dull brown color, sweet flavor and slightly bitter and aromatic undertone. Used in a variety of ethnic cuisines, both sweet and savory.



MARKETING



PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack		
6540		681551		20081274010241		6/16 oz		
Brand			Brand Owner			GPC Description		
Baron Spices, Inc.			Baron Spices, Inc.			Herbs/Spices (Shelf Stable)		
Gross Weight		Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
8 LBR		6 LBR	No		GD, ID		Yes	No
Shipping								
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To		
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH		
Traceability Regulation								
Regulation Type Code		Regulatory Act		Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A		N/A			N/A	

HANDLING SUGGESTIONS



Store in a cool, dry area in tightly sealed container.

ALLERGENS



C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N
- Crustaceans - N

INGREDIENTS



Spice

Nutrition Facts

3888 Servings per container

Serving Size .7 grams

Amount Per Serving
Calories 3.6

% Daily Value*

Total Fat 0.25 g 0%

Saturated Fat 0.17 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Total Carbohydrates 0.34 g 0%

Dietary Fiber 0.14 g 0.5%

Total Sugars 0.19 g

Includes Added Sugars %

Protein 0 g

Vitamin D %

Calcium 0%

Iron 0%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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PREPARATION & COOKING SUGGESTIONS

Ready to use. Stir in or sprinkle on.

SERVING SUGGESTIONS

Add to egg nog, fruit, bisques, mushroom soups, stuffing, fried chicken, ham, sausage, meat loaf, sweet potatoes, carrots, spinach, cream sauces, chocolate sauce, cinnamon rolls, cakes and cookies.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	3.6
Protein	0 g
Total Carbohydrates	0.34 g
Sugars	0.19 g
Dietary Fiber	0.14 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.25 g
Trans Fat	0 g
Saturated Fat	0.17 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES



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