

# 681551 - Nutmeg, Ground

Dried brown seed of the fruit of an evergreen tree of the nutmeg family. The ground product will have a dull brown color, sweet flavor and slightly bitter and aromatic undertone. Used in a variety of ethnic cuisines, both sweet and savory.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
6540	681551	20081274010241	6/16 oz

Brand	Brand Owner	GPC Description
Baron Spices, Inc.	Baron Spices, Inc.	Herbs/Spices (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8 LBR	6 LBR	No	GD, ID	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
9.75 INH	7.5 INH	8.5 INH	0.36 FTQ	25x5	548 Days	60 FAH / 70 FAH

## Nutrition Facts

3888 Servings per container

**Serving Size** .7 grams

**Amount Per Serving**  
**Calories** **3.6**

% Daily Value\*

**Total Fat** 0.25 g **0%**

Saturated Fat 0.17 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 0 mg **0%**

**Total Carbohydrates** 0.34 g **0%**

Dietary Fiber 0.14 g **0.5%**

Total Sugars 0.19 g

Includes Added Sugars %

**Protein** 0 g

Vitamin D %

Calcium 0%

Iron 0%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## SERVING SUGGESTIONS



Add to egg nog, fruit, bisques, mushroom soups, stuffing, fried chicken, ham, sausage, meat loaf, sweet potatoes, carrots, spinach, cream sauces, chocolate sauce, cinnamon rolls, cakes and cookies.

## INGREDIENTS



Spice

## HANDLING SUGGESTIONS



Store in a cool, dry area in tightly sealed container.

## PREPARATION & COOKING SUGGESTIONS



Ready to use. Stir in or sprinkle on.

## MORE INFORMATION



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### NUTRITIONAL ANALYSIS



Calories	3.6
Protein	0 g
Total Carbohydrates	0.34 g
Sugars	0.19 g
Dietary Fiber	0.14 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.25 g
Trans Fat	0 g
Saturated Fat	0.17 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



KOSHER	YES
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### MORE IMAGES

