

Roland

10041224721408 - Roland Farro Semipearled-Italy

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MARKETING

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Nutrition Facts

120 Servings per container	
Serving Size	.25 Cup
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	1%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 32 g	11%
Dietary Fiber 3 g	11%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 7 g	
Vitamin D 0 mcg	0%
Calcium 15 mg	0%
Iron 2 mg	10%
Potassium 228 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
72140		10041224721408			13.2 LBR		
Brand	Brand Owner			GPC Description			
Roland	American Roland Food Corp.			Grains/Cereal - Not Ready to Eat - (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition	
13.7 LBR	13.22 LBR	No		Italy	Undeclared	No	
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
12.25 INH	7.5 INH	7.75 INH	0.41 FTQ	18x6	720 Days	45 FAH / 68 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
N/A		N/A	N/A		N/A		

HANDLING SUGGESTIONS

Product is shelf stable.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

INGREDIENTS

FARRO. CONTAINS: WHEAT.

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PREPARATION & COOKING SUGGESTIONS

In a pot of boiling water cook 8OZ Roland Farro until medium tender. Drain. Heat oil in saucepan, add onion, carrot, celery. Season with salt, pepper. Add meat, brown for 2 minutes. Add wine, reduce. Add tomato sauce, one cup of stock. Add cooked Farro, simmer

SERVING SUGGESTIONS

Add to stews & soups such as minestrone. Serve with tomato sauce and mushrooms or toss with olive oil and fresh herbs. Perfect when mixed with roasted vegetables and flavored with porcini mushrooms.

MORE INFORMATION