

9/4 LB English Style Fish In Batter Cod Wedges, Made from Minced Fish 2 oz, Kosher

High Liner Foodservice Battered Minced Cod Wedges are an utterly delicious, highly versatile option developed for menus on a budget. Made from carefully minced wild caught Cod, each wedge portion is dipped in a signature-seasoned batter for the ultimate crispy, moist and flavorful flaky fish bite. They're extremely simple to prepare, and easily bake or deep-fry to golden perfection with true patron-pleasing plate coverage every time. All of which makes option a solid choice for your seafood menu.

Product Last Saved Date: 20 October 2025



Nutrition Facts

16 Servings per container

Serving Size 2 Wedge (112g)

Amount Per Serving

Calories 230

% Daily Value*

Total Fat 10 g 13%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 25 mg 8%

Sodium 550 mg 24%

Total Carbohydrates 22 g 8%

Dietary Fiber 1 g 2%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 13 g

Vitamin D 0.5 mcg 2%

Calcium 0 mg 0%

Iron 1.1 mg 6%

Potassium 260 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	GTIN	Type Of Catch
10002013	10073538020137	WILD

Brand	GPC Description
High Liner Choice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
37.744 LBR	36 LBR	N/A	Yes	

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.394 INH	9.947 INH	27.947 INH	1.672 FTQ	6x4	547 Days	-10 FAH / 0 FAH

Ingredients :

MINCED COD, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL), BLEACHED WHEAT FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SPICE, SALT, IODIZED SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE). CONTAINS: FISH (COD), WHEAT.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided' INII='Intentionally nor Inherently Included'):

Eggs - INII	Milk - INII	Soy - INII
Fish - C	Wheat - C	TreeNuts - INII
Peanuts - INII	Crustacean - INII	Sesame - INII

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS For food safety and quality, carefully follow these instructions. Prepare from frozen. Do not refreeze once thawed. **CONVENTIONAL OVEN:** Preheat oven to 425°F. Place frozen portions on crumpled aluminum foil and bake 15-17 minutes, turn once. **FRY:** Fry frozen portions at 350°F for 2-2 1/2 minutes. **NOTE:** Cook to a minimum internal temperature of 165°F.

Serving Suggestions:

These Minced Cod Wedges are versatile for whatever you have in mind. From Fish and Chips and sandwiches, to baskets, platters, and more. They pair well with traditional seafood sauces and a variety of complementary sides.

Species / Scientific Name:

Atlantic Cod - Gadus morhua

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:



Information subject to change without notice at the discretion of High Liner Foods (USA)
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