

561105 - RICH'S PLAIN OVEN FIRED FLATS



A par-baked flatbread produced from high protein wheat flour. Product has golden brown baked color on top dotted by herb and spice particles. There are golden brown grill marks on the bottom.



MARKETING

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PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
01946	561105	00049800019461	120/3.3 oz

Brand	Brand Owner	GPC Description
RICH'S	RICH PRODUCTS CORPORATION	Bread (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
26.898 LBR	24.75 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
23.688 INH	15.813 INH	8.0 INH	1.7342 FTQ	5x9	365 Days	-10.0 FAH / 10.0 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soy - MC
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - 30

HANDLING SUGGESTIONS

Keep Frozen

MORE INFORMATION

Telephone : Call 1-800-356-7094 or email helpline@rich.com

SERVING SUGGESTIONS

GREAT FOR SMALL PLATES AND APPETIZERS AS WELL AS WRAPS AND SANDWICHES

PREPARATION & COOKING SUGGESTIONS

KEEP FROZEN 0°F (-18°C) OR BELOW Handling Instructions: 1. For best results and to prevent product dryness, thaw flatbread at ambient temperature (i.e. 75°F (24°C)). Thawing under refrigeration is not recommended. 2. To thaw an entire case, remove from the freezer and leave in the original packaging with inner bags sealed. Product will thaw at room temperature in approximately 8 to 12 hours. 3. To thaw a partial case, remove desired number of bags from the case, then reseal the case and return to the freezer. Keep inner bags sealed. Product will thaw at room temperature in approximately 3 to 6 hours. 4. For optimal product performance, thawed flatbread should be used within 15 hours. 5. Thawed product may be microwaved for 15 seconds at medium power to promote elasticity. ...

Nutrition Facts

120.0 Servings per container	
Serving Size	1 FLAT (93 G)
Amount Per Serving	
Calories	260
	% Daily Value*
Total Fat 6 g	8%
Saturated Fat 1 g	6%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 510 mg	22%
Total Carbohydrates 43 g	16%
Dietary Fiber 2 g	6%
Total Sugars 2 g	
Includes 1 g Added Sugars	1%
Protein 8 g	
Vitamin D 0 mcg	0%
Calcium 90 mg	6%
Iron 2.8 mg	15%
Potassium 100 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

INGREDIENTS FOR U.S. MARKET: ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: NONFAT DRY MILK, SALT, SUGAR, WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), TO PRESERVE FRESHNESS (CALCIUM PROPIONATE), GUAR GUM, SODIUM STEAROYL LACTYLATE, ENZYMES.



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NUTRITIONAL ANALYSIS



Calories	280.299
Protein	8.743 g
Total Carbohydrates	46.344 g
Sugars	1.964 g
Dietary Fiber	1.802 g
Lactose	
Sucrose	
Vitamin A (IU)	0.771 0.771 iu
Vitamin A (RE)	0.771
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	6.761 g
Trans Fat	0.084 g
Saturated Fat	1.23 g
Added Sugars	0.761 g
Polyunsaturated Fat	3.714 g
Monounsaturated Fat	1.453 g
Cholesterol	0.421 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	548.576 mg
Calcium	95.61 mg
Iron	2.951 mg
Potassium	107.694 mg
Zinc	
Phosphorus	
Thiamin	0.478 mg
Niacin	3.637 mg
Riboflavin	0.317 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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