

# 260180 - Vegetable Fried Rice



Our whole grain brown rice is lightly seasoned with soy sauce tossed with soybeans, carrots and onions. Fried rice pairs perfectly with our Asian protein options. Our vegetable fried rice is zero trans-fat per serving and with no added MSG.



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
78001	260180	00856235005187	8 x 5#

Brand	Brand Owner	GPC Description
GREEN DRAGON	0085623500533	Grain Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
42 LBR	40 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.63 INH	11.63 INH	12 INH	1.26 FTQ	10x5	548 Days	-10 FAH / 10 FAH

## Nutrition Facts

224 Servings per container

**Serving Size** 2.86 oz

**Amount Per Serving**  
**Calories** 130

% Daily Value\*

**Total Fat** 2 g 3%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 240 mg 10%

**Total Carbohydrates** 24 g 9%

Dietary Fiber 1 g 4%

Total Sugars 2 g

Includes 0 g Added Sugars 0%

**Protein** 4 g

Vitamin D 0 mcg 0%

Calcium 22 mg 2%

Iron 1 mg 6%

Potassium 150 mg 4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

## SERVING SUGGESTIONS



For CN portion, #12 scoop is recommended. Portion size may vary by individual practice.

## INGREDIENTS



Brown Rice (Water, Brown Rice), Soybeans, Carrots, Onions, Seasoning (Whey, Salt, Soy Sauce (Soybeans, Wheat, Salt), Corn Starch, Yeast Extract, Burnt Sugar, Modified Corn Starch, Cellulose Powder, Onion Powder, Soybean Oil, Sunflower Oil), Soybean Oil. CONTAINS: MILK, SOY, WHEAT

## HANDLING SUGGESTIONS



Keep Frozen at 0° F ± 10° F

## PREPARATION & COOKING SUGGESTIONS



**Convection Oven:** Keep product frozen until ready to cook. Preheat oven to 350°F. Spray a 2 inch hotel pan with food release, pour contents of 5-pound bag into 2-inch deep hotel pan and cover with foil. Place on the center rack in the oven and cook for 25 minutes. Stir product and replace foil, cook for approximately another 25 minutes or until an internal temperature of 165° F is reached.  
**Conventional Oven:** Keep product frozen until ready to cook. Preheat oven to 400°F. Spray a 2 inch hotel pan with food release, pour contents of 5-pound bag into 2-inch deep hotel pan and cover pan with foil. Place on the center rack in the oven and cook for 30 minutes. Stir product and replace foil, cook for approximately another 25 minutes or until an internal temperature of 165° F is reached.

## MORE INFORMATION



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## NUTRITIONAL ANALYSIS



Calories	130
Protein	4 g
Total Carbohydrates	24 g
Sugars	2 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	22 mg
Iron	1 mg
Potassium	150 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



## MORE IMAGES

