MIGHTYSHAKES

10099429432179 - VITAL CUISINE MIGHTYSHAKES Nutritional Shake

Add calories and protein in a small portion.. Thaw and Serve.. 75/4 oz. Nutritional Shake. 220 Calories 6 g Protein / 11% DV Kosher



MARKETING

Add calories and protein in a small portion

PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description
43217	10099429432179	VITAL CUISINE MIGHTYSHAKES Nutritional Shake Strawberry

Brand	Brand Owner	GPC Description
MIGHTYSHAKES	Lyons Magnus	Nutritional Supplements

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
24.43 LBR	21.84 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.5 INH	12.25 INH	9 INH	0.79753 FTQ	12x5	450 Days	-20 FAH / 10 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

1 Servings per container

Serving Size **1 Container**

Amount Per Serving

Calories **220**

	% Daily Value*
Total Fat 7	**9%**
Saturated Fat 1 g	**5%**
Trans Fat 0 g	
Cholesterol 10 mg	**3%**
Sodium 100 mg	**4%**
Total Carbohydrates 33 g	**12%**
Dietary Fiber 0 g	**0%**
Total Sugars 16 g	
Includes 15 g Added Sugars	**30%**
Protein 6 g	
Vitamin D 3 mcg	15%
Calcium 200 mg	15%
Iron 0.7 mg	4%
Potassium 90 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - C
- Eggs - N
- Soybean - C
- Wheat - N
- Sesame - N
- Crab - N
- Shrimp - N
- Bass - N
- Cod - N
- Salmon - N
- Clam - N
- Pine Nuts - N
- Cashews - N
- Chinquapins - N
- Hazelnuts - N
- Shea Nuts - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Tuna - N
- Lobster - N
- Crustaceans - N
- Anchovy - N
- Pollock - N
- Mustard - N
- Oysters - N
- Almonds - N
- Butternuts - N
- Ginkgo Nuts - N
- Hickory Nuts - N
- Pili Nuts - N

INGREDIENTS

NATURALLY AND ARTIFICIALLY FLAVORED Ingredients: Skim Milk, Water, Corn Syrup, High Fructose Corn Syrup, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Corn Oil, Contains 2% or less of Stabilizer Blend (Mono and Diglycerides, Maltodextrin, Guar Gum, Xanthan Gum, Carrageenan, Locust Bean Gum), Natural and Artificial Flavoring, Milk Protein Concentrate, Propylene Glycol, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Maltodextrin, Ethyl Alcohol, Glycerin, Red 40, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Citric Acid, Blue 1, and Benzyl Benzoate and Sodium Benzoate (To Maintain Freshness). Contains: Milk, Soy.

- Lichee Nuts - N
- Macadamia Nuts - N
- Chestnuts - N
- Coconuts - N
- Pecan Nuts - N
- Brazil Nuts - N
- Pistachios - N
- Walnuts - N
- Molluscs - N

MIGHTYSHAKES

10099429432179 - VITAL CUISINE MIGHTYSHAKES Nutritional Shake

Add calories and protein in a small portion.. Thaw and Serve.. 75/4 oz. Nutritional Shake. 220 Calories 6 g Protein / 11% DV Kosher

PREPARATION & COOKING SUGGESTIONS

Thaw and Serve

SERVING SUGGESTIONS

Improved Nutrition

MORE INFORMATION

Telephone : 800-533-2000