



High Liner Foodservice, 11.34 kg / 25 lb, Individually Quick Frozen Pacific Halibut Fletches, 1.36 – 2.27 kg / 3 – 5 lb

Pacific Halibut has earned its reputation as the world's premium whitefish with its firm, flaky texture and delicate flavour. All natural, no additives, no preservatives.

Product Last Saved Date: 12 November 2025



Nutrition Facts

Servings per container	
Serving Size	Per 100 g
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 1.5 g	2%
Saturated Fat 0.3 g	2%
Trans Fat 0 g	
Cholesterol 50 mg	%
Sodium 70 mg	3%
Total Carbohydrates 0 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 19 g	
Vitamin D	
Calcium 10 mg	
Iron 0.2 mg	
Potassium 450 mg	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Product Specifications :		
Code	GTIN	Type Of Catch
8826	10061763088268	

Brand	GPC Description
High Liner Foodservice	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
13.39 KGM			Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
69.7 CMT	27.9 CMT	15.8 CMT	0.0307 MTQ	6x11	540 Days	

Ingredients :
Pacific halibut. Contains: Pacific halibut (fish).

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):		
Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, remove from all packaging and place in refrigerator overnight. Do not thaw in warm water or at room temperature.

Serving Suggestions:

Poached Pacific Halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

Species / Scientific Name:

Claims & Child Nutrition:

BAP Certified:
MSC Certified: Yes
Has CN Statement: No
CN Statement:

