



## High Liner Foodservice, 11.34 kg / 25 lb, Individually Quick Frozen Pacific Halibut Fletches, 1.36 – 2.27 kg / 3 – 5 lb

Pacific Halibut has earned its reputation as the world's premium whitefish with its firm, flaky texture and delicate flavour. All natural, no additives, no preservatives.

Product Last Saved Date: 17 February 2025



<b>Nutrition Facts</b>	
Servings per container	
<b>Serving Size</b>	<b>Per 100 g</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>90</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 1.5 g	<b>2%</b>
Saturated Fat 0.3 g	<b>2%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 50 mg	<b>%</b>
<b>Sodium</b> 70 mg	<b>3%</b>
<b>Total Carbohydrates</b> 0 g	<b>%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes Added Sugars	<b>%</b>
<b>Protein</b> 19 g	
Vitamin D	<b>%</b>
Calcium 10 mg	<b>1%</b>
Iron 0.2 mg	<b>1%</b>
Potassium 450 mg	<b>10%</b>

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications :

Code	GTIN	Type Of Catch
8826	10061763088268	

Brand	GPC Description
High Liner Foodservice	Fish - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
13.39 KGM			Undeclared	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
69.7 CMT	27.9 CMT	15.8 CMT	0.0307 MTQ	6x11	540 Days	-25 CEL / -18 CEL

### Ingredients :

Pacific halibut. Contains: Pacific halibut (fish).

### Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - NI	Milk - NI	Soy - NI
Fish - NI	Wheat - NI	TreeNuts - NI
Peanuts - NI	Crustacean - NI	Sesame - NI

### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. FOR BEST RESULTS, COOK FROM FROZEN. Cook until a minimum internal temperature of 158°F (70°C) is reached. To thaw, remove from all packaging and place in refrigerator overnight. Do not thaw in warm water or at room temperature.

### Species / Scientific Name:

### Serving Suggestions:

Poached Pacific Halibut in an aromatic broth with lemongrass and ginger. Goes great with roasted vegetables or smashed cauliflower.

### Claims & Child Nutrition:

BAP Certified:  
 MSC Certified: Yes  
 Has CN Statement: No  
 CN Statement:

