

200045 - GENERAL MILLS TEAM CHEERIOS CEREAL BAR STRAWBERRY

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries and individually wrapped to enjoy on-the-go. Made without Gelatin. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



MARKETING

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries.. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case.. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Made without gelatin.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Nutrition Facts

96 Servings per container

Serving Size 1 bar

Amount Per Serving
Calories 160

% Daily Value*

Total Fat 3.5 g 4%

Saturated Fat 0.5 g 3%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 90 mg 4%

Total Carbohydrates 29 g 11%

Dietary Fiber 3 g 11%

Total Sugars 9 g

Includes 9 g Added Sugars 18%

Protein 2 g

Vitamin D 0 mcg 0%

Calcium 270 mg 20%

Iron 4.3 mg 25%

Potassium 0 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31914000	200045	10016000319148	96/1.42 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.450 LBR	8.52 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	Tlx/HL	Shelf Life	Storage Temp From/To
17.870 INH	12.250 INH	6.370 INH	0.80700 FTQ	8x7	248 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - C
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

HANDLING SUGGESTIONS

Keep in a cool, dry place

SERVING SUGGESTIONS

Serve as is

PREPARATION & COOKING SUGGESTIONS

Ready to eat

INGREDIENTS

Whole Grain Oats, Cereal (whole grain oats, whole grain corn, sugar, whole grain rice, corn starch, brown sugar syrup, salt, tripotassium phosphate, color [caramel color, annatto extract]. Vitamin E [mixed tocopherols] added to preserve freshness. Vitamins and minerals: calcium carbonate, iron and zinc [mineral nutrients], a B vitamin [niacinamide], vitamin C [sodium ascorbate], a B vitamin [calcium pantothenate], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin B1 [thiamin mononitrate], a B vitamin [folic acid], vitamin B12, vitamin A [palmitate], vitamin D3), Corn Syrup, Sugar, Fructose, Canola Oil, Chicory Root Extract, Whole Wheat Flour, Cranberries, Maltodextrin. Contains 2% or less of: Whole Grain Rice, Vegetable Glycerin, Calcium Carbonate, Whole Corn Flour, Wheat Starch, Soy Lecithin, Salt, Baking Soda, Natural Flavor.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	160
Protein	2 g
Total Carbohydrates	29 g
Sugars	9 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.5 g
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	90 mg
Calcium	270 mg
Iron	4.3 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



IRON	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM
WHOLE_GRAIN	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM
IRON	EXCELLENT_SOURCE_OF	SODIUM_SALT	LOW	ARTIFICIAL_SWEETENERS	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	CHOLESTEROL	FREE_FROM	FIBRE	GOOD_SOURCE_OF
SATURATED_FAT	LOW	CHOLESTEROL	LOW	LOW_SALT	YES
VEGETARIAN	YES				

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