

## 200045 - GENERAL MILLS TEAM CHEERIOS CEREAL BAR STRAWBERRY

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries and individually wrapped to enjoy on-the-go. Made without Gelatin. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



### MARKETING

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries.. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case.. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Made without gelatin.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

## Nutrition Facts

96 Servings per container	
<b>Serving Size</b>	<b>1 bar</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>160</b>
	% Daily Value*
<b>Total Fat</b> 3.5	<b>4%</b>
Saturated Fat 0.5 g	<b>3%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 90 mg	<b>4%</b>
<b>Total Carbohydrates</b> 29 g	<b>11%</b>
Dietary Fiber 3 g	<b>11%</b>
Total Sugars 9 g	
Includes 9 g Added Sugars	<b>18%</b>
<b>Protein</b> 2 g	
Vitamin D 0 mcg	0%
Calcium 270 mg	20%
Iron 4.3 mg	25%
Potassium 0 mg	0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
31914000	200045	10016000319148	96/1.42 OZ			
Brand	Brand Owner		GPC Description			
Cheerios	GENERAL MILLS SALES INC.		Cereal/Muesli Bars			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
10.450 LBR	8.52 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.870 INH	12.250 INH	6.370 INH	0.80700 FTQ	8x7	248 Days	32 FAH / 95 FAH

### HANDLING SUGGESTIONS

Keep in a cool, dry place

### SERVING SUGGESTIONS

Serve as is

### PREPARATION & COOKING SUGGESTIONS

Ready to eat

### INGREDIENTS

Whole Grain Oats, Cereal (whole grain oats, whole grain corn, sugar, whole grain rice, corn starch, brown sugar syrup, salt, tripotassium phosphate, color [caramel color, annatto extract], Vitamin E [mixed tocopherols] added to preserve freshness. Vitamins and minerals: calcium carbonate, iron and zinc [mineral nutrients], a B vitamin [niacinamide], vitamin C [sodium ascorbate], a B vitamin [calcium pantothenate], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin B1 [thiamin mononitrate], a B vitamin [folic acid], vitamin B12, vitamin A [palmitate], vitamin D3), Corn Syrup, Sugar, Fructose, Canola Oil, Chicory Root Extract, Whole Wheat Flour, Cranberries, Maltodextrin. Contains 2% or less of: Whole Grain Rice, Vegetable Glycerin, Calcium Carbonate, Whole Corn Flour, Wheat Starch, Soy Lecithin, Salt, Baking Soda, Natural Flavor.

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soybean - C
- Wheat - C
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

### MORE INFORMATION

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### NUTRITIONAL ANALYSIS



Calories	160
Protein	2 g
Total Carbohydrates	29 g
Sugars	9 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	3.5
Trans Fat	0 g
Saturated Fat	0.5 g
Added Sugars	9 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	90 mg
Calcium	270 mg
Iron	4.3 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



IRON	EXCELLENT_SOURCE_OF	VITAMIN_D	EXCELLENT_SOURCE_OF	CHOLESTEROL	FREE_FROM
GLUTEN	FREE_FROM	SODIUM_SALT	FREE_FROM	SODIUM_SALT	LOW
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	CHOLESTEROL	LOW	ANTIBIOTICS	RAISED_WITHOUT
WHOLE_GRAIN	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	FAT	FREE_FROM
CALCIUM	EXCELLENT_SOURCE_OF	ARTIFICIAL_SWEETENERS	FREE_FROM	SUGARS	NO_ADDED
FAT	LOW	FIBRE	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF
IRON	GOOD_SOURCE_OF	MSG	FREE_FROM	PROTEIN	EXCELLENT_SOURCE_OF
ARTIFICIAL_PRESERVATIVES	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	PROTEIN	GOOD_SOURCE_OF
TRANS_FAT	FREE_FROM	ARTIFICIAL_FLAVOUR	FREE_FROM	HORMONES	RAISED_WITHOUT
GMO	FREE_FROM	SODIUM_SALT	REDUCED_LESS	WHOLE_GRAIN	CONTAINS
FIBRE	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF	VEGETARIAN	YES
VEGAN	YES	FREE_FROM_GLUTEN	YES	LOW_CALORIE	YES
LOW_SALT	YES	PLANT_BASED	YES	KETO	YES

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**MORE IMAGES**

