

200045 - GENERAL MILLS TEAM CHEERIOS CEREAL BAR STRAWBERRY



A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries and individually wrapped to enjoy on-the-go. Made without Gelatin. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria. Available in bulk, 96 - 1.42 oz bars in each case.



MARKETING

A strawberry-flavored chewy cereal bar made with Cheerios(TM) cereal pieces and sweetened cranberries.. Individually wrapped, available in bulk, 96 - 1.42 oz bars in each case.. Made with no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. Made without gelatin.. For crediting in USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Nutrition Facts

96 Servings per container	
Serving Size	1 bar
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 3.5 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 90 mg	4%
Total Carbohydrates 29 g	11%
Dietary Fiber 3 g	11%
Total Sugars 9 g	
Includes 9 g Added Sugars	18%

Protein 2 g	
Vitamin D 0 mcg	0%
Calcium 270 mg	20%
Iron 4.3 mg	25%
Potassium 0 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
31914000	200045	10016000319148	96/1.42 OZ

Brand	Brand Owner	GPC Description
Cheerios	GENERAL MILLS SALES INC.	Cereal/Muesli Bars

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
10.450 LBR	8.52 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.870 INH	12.250 INH	6.370 INH	0.80700 FTQ	8x7	248 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - 30
- Tree Nuts - 30
- Soy - C
- Fish - 30
- Wheat - C
- Shellfish - NI
- Sesame - 30

SERVING SUGGESTIONS

Serve as is

INGREDIENTS

Whole Grain Oats, Cereal (whole grain oats, whole grain corn, sugar, whole grain rice, corn starch, brown sugar syrup, salt, tripotassium phosphate, color [caramel color, annatto extract]. Vitamin E [mixed tocopherols] added to preserve freshness. Vitamins and minerals: calcium carbonate, iron and zinc [mineral nutrients], a B vitamin [niacinamide], vitamin C [sodium ascorbate], a B vitamin [calcium pantothenate], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin B1 [thiamin mononitrate], a B vitamin [folic acid], vitamin B12, vitamin A [palmitate], vitamin D3), Corn Syrup, Sugar, Fructose, Canola Oil, Chicory Root Extract, Whole Wheat Flour, Cranberries, Maltodextrin. Contains 2% or less of: Whole Grain Rice, Vegetable Glycerin, Calcium Carbonate, Whole Corn Flour, Wheat Starch, Soy Lecithin, Salt, Baking Soda, Natural Flavor.

HANDLING SUGGESTIONS

Keep in a cool, dry place

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

Cheerios

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NUTRITIONAL ANALYSIS



Calories	160	Total Fat	3.5 g	Sodium	90 mg
Protein	2 g	Trans Fat	0 g	Calcium	270 mg
Total Carbohydrates	29 g	Saturated Fat	0.5 g	Iron	4.3 mg
Sugars	9 g	Added Sugars	9 g	Potassium	0 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



IRON	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF	TRANS_FAT	FREE_FROM
WHOLE_GRAIN	EXCELLENT_SOURCE_OF	ENERGY	SOURCE_OF	ARTIFICIAL_FLAVOUR	FREE_FROM
IRON	EXCELLENT_SOURCE_OF	SODIUM_SALT	LOW	ARTIFICIAL_SWEETENERS	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	CHOLESTEROL	FREE_FROM	FIBRE	GOOD_SOURCE_OF
SATURATED_FAT	LOW	CHOLESTEROL	LOW	LOW_SALT	YES
VEGETARIAN	YES				

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