

10 Lb (4.54 kg) Oven Ready Cornmeal Breaded Pollock Strips 1.5 oz, Kosher, CN

High Liner Foodservice Country Style Pollock Strip Portions come from wild caught premium Pollock. They're coated with a special country herbed and spiced cornmeal breading with no messy preparation required. Each can be fried, baked or microwaved from frozen, and cook to crispy perfection in no time, with a down home flavor and crispy bite that appeals to kids and adults for Child Nutrition-approved applications.

Product Last Saved Date: 20 October 2025



FOODSERVICE™

Nutrition Facts

36 Servings per container

Serving Size 3 Strips (126g)

Amount Per Serving Calories	290
	% Daily Value*
Total Fat 11 g	14%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 750 mg	33%
Total Carbohydrates 30 g	11%
Dietary Fiber 1 g	4%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 16 g	
Vitamin D 1 mcg	6%
Calcium 18 mg	2%
Iron 2 mg	10%
Potassium 286 mg	6%

Product Specifications :				
Code GTIN		Type Of Catch		
10002375	10073538023756	WILD		

Brand	GPC Description			
High Liner Foodservice	Fish - Prepared/Processed (Frozen)			

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	547 Days	-10 FAH / 0 FAH

Ingredients:

57.1% POLLOCK; 42.9% BATTER AND BREADING: (ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN MEAL (CORN MEAL, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLEACHED WHEAT FLOUR, WATER, MODIFIED CORN STARCH, SALT, YELLOW CORN FLOUR, SPICES, LEAVENING (SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), GARLIC POWDER, ONION POWDER, DEXTROSE, GUAR GUM). PREFRIED IN CANOLA OIL, COTTONSEED OIL, AND/OR SOYBEAN OIL (SOYBEAN OIL). CONTAINS: POLLOCK (FISH), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - 30	Soy - 30			
Fish - C	Wheat - C	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 3-4 minutes. TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 8-9 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 9-10 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

An excellent option for school and daycare lunch, as well as healthcare dining paired with your favorite complementary sides and dipping sauce.

Species / Scientific Name:

Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified: MSC Certified:

Has CN Statement: Yes

CN Statement: THREE 1.50 OZ OVEN READY CORNMEAL BREADED FISH STRIPS

> PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

Page 1 of 2

Printed on 12 November 2025 Powered by Syndigo LLC - http://www.syndigo.com



10002375 - 10 Lb (4.54 kg) Oven Ready Cornmeal Breaded Pollock Strips 1.5 oz, Kosher, CN

CN Information:

CN Statement: THREE 1.50 OZ OVEN READY CORNMEAL BREADED FISH STRIPS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD

NUTRITION MEAL PATTERN REQUIREMENTS. DISCLAIMER: This product contains grains that are not creditable in school meal

programs. Additional grains must be served to meet meal pattern requirements.

Suggested Bid:

Meat/Meat Alternative :

WholeGrain Credit Calculation:

Label Copy:

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark



INDIVIDUALLY QUICK FROZEN

KEEP FROZEN

EST. # 045 MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801 FOR INQUIRIES CALL: 1-888-860-3

™Trademark of High Liner Foods Incorporated 2566250

Oven Ready Cornmeal Breaded Pollock Strips 1.5 oz 10002375



INGREDIENTS: 57.1% POLLOCK; 42.9% BATTER AND BREADING: (ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED YELLOW CORN MEAL (CORN MEAL, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLEACHED WHEAT FLOUR, WATER, MODIFIED CORN STARCH, SALT, YELLOW CORN FLOUR, SPICES, LEAVENING (SODIUM BICABRODIATE, SODIUM ALUMINUM PHOSPHATE), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, GARLU POWDER, OMONPOWDER, DEXTROSE, GUAR GUM), PREFRIED IN CANOLA OIL, COTTONSEED DIL ANDOR SYDEAN OIL.

CONTAINS: POLLOCK (FISH), WHEAT

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 3-4 minutes TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 8-9 minutes CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 9-10 minutes NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

NET WT 10 Lb (4.54 kg)



LOT #: 1234567890

CN 100297
THREE 1.50 OZ OVEN READY CORNINGAL BREADED FISH STRIPS PROVIDE 2.00 OZ EQUIVALENT MEAT FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 02/2023)

DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains mus served to meet meal pattern requirements.

10002375



High Liner Bid Desk Contact and Specification Verification:

Dawn Enos / Sales Operations Manager k12 PH: 603-818-5334

Email: dawn.enos@highlinerfoods.com