

Malt-O-Meal

200905 - CEREAL, HONEY GRAHAM SQUARES BOWL PACK

Part of a nutritious breakfast



MARKETING

Nutrition Facts

48 Servings per container

Serving Size28 grams

Amount Per Serving

Calories110

% Daily Value*

Total Fat 3 g5%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 250 mg10%

Total Carbohydrates 22 g7%

Dietary Fiber 1 g5%

Total Sugars 10 g

Includes Added Sugars%

Protein 1 g

Vitamin D%

Calcium10%

Iron25%

Potassium%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
03759	200905	10042400037597	48 x 2 OZ			
Brand	Brand Owner	GPC Description				
Malt-O-Meal	Post Consumer Brands	Cereals Products - Ready to Eat (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
8.86 LBR	6 LBR	No	United States	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
21.5 INH	16 INH	9.5 INH	1.891 FTQ	5x5	365 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Dry

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N

Eggs - N

Soybean - C

Wheat - C

Sesame - NI

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

INGREDIENTS

Ingredients: Whole Grain Wheat, Sugar, Corn Meal, Canola Oil, Molasses, Honey, Fructose, Salt, Baking Soda, Calcium Carbonate, Soy Lecithin, Dextrose, Trisodium Phosphate, BHT added to preserve freshness. Vitamins and Minerals: Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid. CONTAINS WHEAT AND SOY.

PREPARATION & COOKING SUGGESTIONS

Add milk

SERVING SUGGESTIONS

serve with fruit and/or milk

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110	Total Fat	3 g	Sodium	250 mg
Protein	1 g	Trans Fat	0 g	Calcium	
Total Carbohydrates	22 g	Saturated Fat	0 g	Iron	
Sugars	10 g	Added Sugars		Potassium	
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D		Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C	0 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	KOSHER	YES
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