

10 Lb (4.54 kg) UpperCrust Mediterranean Crusted Salmon with Sun Dried Tomato and Pine Nuts, cut from fillets, MSC

High Liner Foodservice Mediterranean Salmon is breaded with a medley of tomato, garlic, sun-dried tomatoes, Romano and real pine nuts. This creates a flavor-packed crunchy crust that complements the Salmon's texture and flavors with a true Mediterranean influence. These oven-ready fillets exemplify why UpperCrust® is the gold standard in handmade appearance and authentic ingredients.

Product Last Saved Date: 20 October 2025

Nutrition Facts

40 Servings per container

Serving Size 4 oz (112g / about 3/4 piece)

Amoun	t Per	Serving
Cal	or	ies

210

Calories	210
	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 45 mg	15%
Sodium 360 mg	16%
Total Carbohydrates 7 g	3%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 20 g	
Vitamin D 10.1 mcg	50%
Calcium 30 mg	2%
Iron 0.9 mg	4%
Potassium 370 mg	8%

	Product Specifications :				
	Code	GTIN	Type Of Catch		
Cé	1089736	10035493897360	WILD		

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.0 LBR	10.0 LBR	N/A	Undeclared	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
11.6929 INH	7.7165 INH	9.8819 INH	0.5160 FTQ	20x4	547 Days	-10 FAH / 0 FAH

Ingredients:

PINK SALMON, VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, ROMANO CHEESE (PASTEURIZED COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), PINE NUTS, SALT, SPICES, CORN SYRUP, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUN DRIED TOMATO POWDER, CORN CEREAL, YELLOW CORN FLOUR, DEHYDRATED GARLIC, DEHYDRATED ONION, WHITE CORN FLOUR, DISODIUM GUANYLATE, DISODIUM INOSINATE, AUTOLYZED YEAST EXTRACT, VINEGAR, YEAST, MALTED BARLEY FLOUR, MALTODEXTRIN, PALM OIL, NATURAL AND ARTIFICIAL FLAVORS, TORULA YEAST, ONION POWDER, GARLIC POWDER, LEAVENING (SODIUM BICARBONATE), SEA SALT, RED 40 LAKE, DEXTROSE, TOMATO POWDER, YELLOW 6 LAKE, CARAMEL COLOR, YELLOW 5 LAKE, BLUE 1 LAKE, BLUE 2, OLIVE OIL, SULFITES. CONTAINS: FISH (SALMON), WHEAT, MILK, TREE NUTS (PINE NUTS)

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):			
Eggs - 30	Milk - C	Soy - 30	
Fish - C	Wheat - C	TreeNuts - C	
Peanuts - 30	Crustacean - 30	Sesame - 30	

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled baking pan. CONVECTION OVEN: Preheat oven to 325°F and bake for 17-20 minutes. CONVENTIONAL OVEN: Preheat oven to 375°F and bake for 36-38 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM.

Serving Suggestions:

A center of the plate star that also take salads and sandwiches to another level. Pairs well with any complementary sauce or side you have in mind.

Species / Scientific Name:

Pink Salmon - Oncorhynchus gorbuscha

Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes
Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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