

Global Village Foods

35692 - Black Eyed Bean Kofta Vegan Gluten Free

A vegan version of a well known spicy ball usually made with lamb or beef. This Black Eyed Bean version is packed with traditional spices for a full flavor punch, plenty of protein and fiber, and great texture that works deliciously in the Spicy Eggplant Sauce .A vegan version of a well known spicy ball usually made with lamb or beef. This Black Eyed Bean version is packed with...



MARKETING

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PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
KFTveg		10860028000539		12/6 OZ		
Brand		Brand Owner		GPC Description		
Global Village Foods		Global Village Foods		Ready-Made Combination Meals - Not Ready to Eat (Perishable)		
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
5.2 LBR	4.5 LBR	No		United States	Undeclared	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14 INH	10 INH	8 INH	0.65 FTQ	12x10	328 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep refrigerated to 7 day use by date applied by point of purchase retail outlet. ---UNIT UPC: 860028000532---

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; INHI = 'Intentionally nor Inherently Included' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - MC

Eggs - N

Soybean - MC

Wheat - MC

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Nutrition Facts

1 Servings per container	
Serving Size	6.0 OZ
Amount Per Serving	
Calories	400
% Daily Value*	
Total Fat 11 g	14%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 510 mg	22%
Total Carbohydrates 77 g	28%
Dietary Fiber 27 g	96%
Total Sugars 5 g	
Includes 0 g Added Sugars	0%
Protein 24 g	
Vitamin D 0 mcg	0%
Calcium 120 mg	10%
Iron 7.9 mg	45%
Potassium 250 mg	6%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

BLACKEYE PEAS, WATER, ONION, EGGPLANT, RICE FLOUR, OIL, SUNFLOWER, HIGH OLEIC (70% AND OVER), FLAXSEED, ARROWROOT FLOUR, TOMATO PASTE (TOMATOES, SPICES, NATURAL FLAVORS, CITRIC ACID), GINGER, GARLIC, DISTILLED VINEGAR, LEMON JUICE, SALT, GARLIC, ARROWROOT STARCH, BLACK PEPPER, PARSLEY, CUMIN, BAKING POWDER (CORNSTARCH, SODIUM BICARBONATE, SODIUM ALUMINIUM SULFATE, MONOCALCIUM PHOSPHATE), CUMIN SEED, SUGAR, CAYENNE PEPPER, TURMERIC, SAGE, OREGANO, THYME

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Page 1 of 2

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PREPARATION & COOKING SUGGESTIONS



OVEN- heat to taste on oven safe pan or sheet and heat a 375° fro 5 to 7 minutesMICROWAVE - heat to taste on safe dish for 30 to 60 seconds. Add more time as desired

SERVING SUGGESTIONS



Heat and serve as a snack, a quick lunch or add a salad or side dish to make a full meal

MORE INFORMATION

