

147910 - HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake -...

Add calories and protein in a small portion.

Ingredients: Water, Corn Syrup, Skim Milk, High Fructose Corn Syrup, Milk Protein Concentrate, Corn Oil, Contains 2% or less of Milk Permeate, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Maltodextrin, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Natural and Artificial Flavoring, Carrageenan, Guar Gum, Mono- and Diglycerides, Xanthan Gum, Titanium Dioxide (Color), Locust Bean Gum, Propylene Glycol, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Ethyl Alcohol, Benzyl Benzoate (To Maintain Freshness).
CONTAINS: MILK, SOY.

MARKETING

Add calories and protein in a small portion.. Thaw and Serve.. 50/6 oz. Nutritional Shake

Nutrition Facts

1 Servings per container

Serving Size	1 Container
Amount Per Serving	
Calories	330
	% Daily Value*
Total Fat 10	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 150 mg	7%
Total Carbohydrates 50 g	18%
Dietary Fiber 0 g	0%
Total Sugars 28 g	
Includes 21 g Added Sugars	42%
Protein 9 g	

Vitamin D 4 mcg	20%
Calcium 260 mg	20%
Iron 0.4 mg	2%
Potassium 190 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
12535	147910	10099429125354	HORMEL VITAL CUISINE MIGHTYSHAKES Nutritional Shake - Vanilla

Brand	Brand Owner	GPC Description
MIGHTYSHAKES	Hormel Foods Corporation	Dairy Based Drinks - Ready to Drink (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
24.12 LBR	21.84 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.5 INH	12.13 INH	7.81 INH	0.6853 FTQ	12x6	450 Days	-20 FAH / 10 FAH

HANDLING SUGGESTIONS

RECOMMENDED TEMPERATURE: 0F. MINIMUM TEMPERATURE: -20F. MAXIMUM TEMPERATURE: 10F. STORAGE: KEEP FROZEN.

SERVING SUGGESTIONS

Improved Nutrition

PREPARATION & COOKING SUGGESTIONS

Thaw and Serve C

INGREDIENTS

ARTIFICIALLY FLAVORED Ingredients: Water, Corn Syrup, Skim Milk, High Fructose Corn Syrup, Milk Protein Concentrate, Corn Oil, Contains 2% or less of Milk Permeate, Isolated Soy Protein (Contains Calcium Phosphate, Soy Lecithin), Maltodextrin, Phosphate Blend (Tripotassium Phosphate, Dipotassium Phosphate, Sodium Hexametaphosphate), Natural and Artificial Flavoring, Carrageenan, Guar Gum, Mono- and Diglycerides, Xanthan Gum, Titanium Dioxide (Color), Locust Bean Gum, Propylene Glycol, Vitamin A&D Blend (Water, Polysorbate 80, Propylene Glycol [Preservative], Vitamin A Palmitate, Vitamin D3), Benzyl Alcohol, Ethyl Alcohol, Benzyl Benzoate (To Maintain Freshness). Contains: Milk, Soy.

ALLERGENS

C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **30** = 'Free From Not Tested'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

Milk - C	Peanuts - N
Eggs - N	Tree - N
Soybean - C	Fish - N
Wheat - N	Shellfish - N
Sesame - N	Tuna - N
Crab - N	Lobster - N
Shrimp - N	Crustaceans - N
Bass - N	Anchovy - N
Cod - N	Pollock - N

MORE INFORMATION

Telephone : 800-533-2000

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|-------------------|----------------------|
| ⓘ Salmon - N | ⓘ Mustard - N |
| ⓘ Clam - N | ⓘ Oysters - N |
| ⓘ Pine Nuts - N | ⓘ Almonds - N |
| ⓘ Cashews - N | ⓘ Butternuts - N |
| ⓘ Chinquapins - N | ⓘ Ginkgo Nuts - N |
| ⓘ Hazelnuts - N | ⓘ Hickory Nuts - N |
| ⓘ Shea Nuts - N | ⓘ Pili Nuts - N |
| ⓘ Lichee Nuts - N | ⓘ Macadamia Nuts - N |
| ⓘ Chestnuts - N | ⓘ Coconuts - N |
| ⓘ Pecan Nuts - N | ⓘ Brazil Nuts - N |
| ⓘ Pistachios - N | ⓘ Walnuts - N |
| ⓘ Molluscs - N | |

NUTRITIONAL ANALYSIS



Calories	330	Total Fat	10	Sodium	150 mg
Protein	9 g	Trans Fat	0 g	Calcium	260 mg
Total Carbohydrates	50 g	Saturated Fat	1.5 g	Iron	0.4 mg
Sugars	28 g	Added Sugars	21 g	Potassium	190 mg
Dietary Fiber	0 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	190 mg
Sucrose		Cholesterol	10 mg		
Vitamin A (IU)	180	Vitamin D	4 mcg	Thiamin	
Vitamin A (RE)	180	Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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