

# 763816 - Garbanzo Beans (Chick Peas) 6/10 Case

Rich in flavor. Great source of fiber.



## MARKETING

Add Garbanzo Beans to your favorite soup or stew recipe.. Garbanzo Beans have a nut-like flavor and add interest to any salad.

## Nutrition Facts

24 Servings per container

**Serving Size** 1/2 cup

**Amount Per Serving**  
**Calories** **130**

% Daily Value\*

**Total Fat** 2 **3%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

**Cholesterol** 0 mg **0%**

**Sodium** 140 mg **6%**

**Total Carbohydrates** 21 g **8%**

Dietary Fiber 4 g **14%**

Total Sugars 4 g

Includes 0 g Added Sugars **0%**

**Protein** 7 g

Vitamin D 0 mcg 0%

Calcium 20 mg 2%

Iron 1.4 mg 8%

Potassium 240 mg 6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
2880015902	763816	40028800159023	6 cans in a corrugated carton

Brand	Brand Owner	GPC Description
Hanover	Hanover Foods Corp	Vegetables - Prepared/Processed (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
47.75 LBR	41.25 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
18.875 INH	12.688 INH	7.188 INH	1721.425 INQ	8x7	1095 Days	40 FAH / 90 FAH

## HANDLING SUGGESTIONS

Store at normal temperatures. Protect from freezing and temperatures greater than 105 degrees Fahrenheit. Protect from rapid temperature increases to avoid moisture condensation on cans.

## SERVING SUGGESTIONS

## PREPARATION & COOKING SUGGESTIONS

Ready to eat

## INGREDIENTS

PREPARED CHICK PEAS, WATER, AND SALT. DISODIUM EDTA ADDED TO PROMOTE COLOR RETENTION.

## ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Mustard - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N
- Molluscs - N

## MORE INFORMATION

# 763816 - Garbanzo Beans (Chick Peas) 6/10 Case

Rich in flavor. Great source of fiber.

## NUTRITIONAL ANALYSIS



Calories	130
Protein	7 g
Total Carbohydrates	21 g
Sugars	4 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	2
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	140 mg
Calcium	20 mg
Iron	1.4 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS



KOSHER	YES
--------	-----

## MORE IMAGES

