450486 - ibp Trusted Excellence® Boneless Beef Inside Round

What's great about our ibp Trusted Excellence® Boneless Beef Inside Round? It is very lean yet flavorful, and can be cut into steaks or roasted and sliced for roast beef. This inner rear leg cut is versatile and can be used in different ways. For extra flavor and tenderness marinate Top Round steaks.





MARKETING

ibp Trusted Excellence® brand. Expert service. On-time delivery. Consistent quality. Reliable

Nutrition Facts

Servings per container

Amount Per Serving

Serving Size 4.00 OZ SERVING, Servings Per Container

Calories	150
	% Daily Value*
Total Fat 4.5	7%
Saturated Fat 1.5 g	8%
Trans Fat	
Cholesterol 70 mg	23%
Sodium 65 mg	3%

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Sodium 65 mg	3%
Total Carbohydrates 0 g	0%
Dietary Fiber	%
Total Sugars	
Includes Added Sugars	%

Protein 27 g	
Vitamin D	%
Calcium	%
Iron	%
Potassium	%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

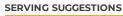
Code	Dist Prod Code	GTIN	Calculated Pack
D6137AH	450486	90027182002939	3/73.09 LBR TARGET

Brand	Brand Owner	GPC Description
IBP	Tyson Foods Inc.	Beef - Unprepared/Unprocessed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
75.587 LBR	73.087 LBR	Yes	United States	Undeclared	No	

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
24.25 INH	15.75 INH	9.188 INH	2.0308 FTQ	5x5	35 Days	28 FAH / 34 FAH

ALLERGENS



INGREDIENTS

INGREDIENTS: BEEF

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'







(III) Tree Nuts - 30



Refrigerated

Fish - 30



Shellfish - NI

(%) Sesame - 30

Perfect for broiling or grilling, serve it with your favorite vegetables - we happen to like grilled squash and roasted corn. Cook to an internal temperature of 140°F. Let beef rest for 5 minutes before serving.

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



COLOR IS NOT AN ACCURATE INDICATOR OF FINAL COOKED TEMPERATURE. ENSURE INTERNAL TEMPERATURE REACHES 145 F FOR 3 MINUTES.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	150
Protein	27 g
Total Carbohydrates	0 g
Sugars	
Dietary Fiber	
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	4.5
Trans Fat	
Saturated Fat	1.5 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	70 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	65 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



