632635 - 1/10 LB Yuengling Battered Haddock Fillets, 4 oz, MSC







MARKETING



Nutrition Facts

40 Servings per container

Serving Size 112a/About 1 Fillet

Amount Per Serving Calories

4%

	% Daily Value*
Total Fat 10 g	13%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 40 mg	13%
Sodium 520 mg	22%
Total Carbohydrates 19 g	7%
Dietary Fiber 1 g	2%
Total Sugare 0 g	

Dietary Fiber 1 g	2%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

1 10tcm 10 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 1 mg	6%

Potassium 220 mg The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

PRODUCT SPECIFICATIONS

Code	Dist Prod Code GTIN		Calculated Pack		
10025916	632635	10073538259162	2/5 LB		

Brand	Brand Owner	GPC Description
High Liner	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight		let Weight Case/Catch Weight Country Of Origin		Child Nutrition	
11 LBR	10 LBR	No	United States	Undeclared	No	

			Shi	ipping		
Length Width Height Volume TIxHI Shelf Life Storage Temp From/To						
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

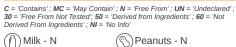
ALLERGENS



SERVING SUGGESTIONS



Ideal for pub-style entrées, fish and chips baskets or as a sandwich. Pairs well with malt vinegar and a



(Peanuts - N



(1) Tree Nuts - N



Fish - C



Keep Frozen



(M) Shellfish - NI

Sesame - N

HANDLING SUGGESTIONS

variety of traditional cocktail sauces or your

complementary sauce recipes. Our Yuengling®

battered haddock fillet is perfect for a traditional fish

n' chips along with a side of fries and hush puppies



PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 5-8 minutes. TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 400°F and bake for 14-18 minutes. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16-20 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 155°F MINIMUM

MORE INFORMATION



Website: www.highlinerfoods.com.

INGREDIENTS

advice.

Protein 13 a

HADDOCK, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CANOLA OIL, COTTONSEED OIL, SOYBEAN OIL, AND/OR SUNFLOWER OIL), BEER (MALTED BARLEY, WATER, HOPS, YEAST), YELLOW CORN FLOUR, WATER, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SALT, WHITE CORN FLOUR, NATURAL FLAVORS, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SPICES, SUGAR, DEXTROSE. CONTAINS: FISH (HADDOCK), WHEAT

632635 - 1/10 LB Yuengling Battered Haddock Fillets, 4 oz, MSC



Yuengling® Battered Haddock Fillets feature wild caught Haddock dipped in perfectly seasoned batter made with renowned Yuengling® lager. Each fillet cooks from frozen, is easy to prepare, and goes from oven or fryer to plate in minutes. These scrumptious fillets are a superb combination of malty-rich crunch and slightly sweet, tender, flaky fish, with true mouth-watering plate ...

NUTRITIONAL ANALYSIS

Calories	230
Protein	13 g
Total Carbohydrates	19 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

10 g
0 g
1.5 g
0 g
40 mg
0 mcg

Sodium	520 mg
Calcium	0 mg
Iron	1 mg
Potassium	220 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

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FISH	CONTAINS
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MORE IMAGES







