

HOSPITALITY

908901 - 40% Bran Flakes Ready-To-Eat Cereal

25g Whole Grain per serving



MARKETING

25g Whole Grain per serving

Nutrition Facts

18 Servings per container

Serving Size1 1/4 CUP

Amount Per Serving

Calories180

% Daily Value*

Total Fat 2 g2%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 410 mg18%

Total Carbohydrates 44 g16%

Dietary Fiber 12 g41%

Total Sugars 10 g

Includes 9 g Added Sugars19%

Protein 6 g

Vitamin D 2 mcg10%

Calcium 30 mg2%

Iron 18 mg100%

Potassium 420 mg8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
71923-76241	908901	10071923762419	4 / / 35.0 Ounce

Brand	Brand Owner	GPC Description
HOSPITALITY	Gilster-Mary Lee Food Service	Cereals Products - Ready to Eat (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
9.75 LBR	8.75 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
19.813 INH	10.563 INH	13.188 INH	1.59 FTQ	8x7	365 Days	50 FAH / 85 FAH

HANDLING SUGGESTIONS

DRY

SERVING SUGGESTIONS

1 1/4 CUP

PREPARATION & COOKING SUGGESTIONS

Add milk or enjoy right out of the Box

INGREDIENTS

WHOLE GRAIN WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR, SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, BARLEY MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN C (SODIUM ASCORBATE), VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS.

- ALLERGENS
- Milk - N

Eggs - N

Soybean - N

Wheat - C

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

MORE INFORMATION

NUTRITIONAL ANALYSIS



Calories	180	Total Fat	2 g	Sodium	410 mg
Protein	6 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	44 g	Saturated Fat	0 g	Iron	18 mg
Sugars	10 g	Added Sugars	9 g	Potassium	420 mg
Dietary Fiber	12 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	230	Vitamin D	2 mcg	Thiamin	0.4 mg
Vitamin A (RE)	230	Vitamin E		Niacin	5 mg
Vitamin C	23 mg	Folate		Riboflavin	0.4 mg
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM	KOSHER	YES
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