



MARKETING



Nutrition Facts

1 Servings per container  
**Serving Size** 1 container  
**Amount Per Serving**  
**Calories** 80  
 % Daily Value\*

<b>Total Fat</b> 0	<b>0%</b>
Saturated Fat 0 g	<b>0%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 0 mg	<b>0%</b>
<b>Sodium</b> 75 mg	<b>3%</b>
<b>Total Carbohydrates</b> 15 g	<b>5%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 12 g	
Includes 7 g Added Sugars	<b>14%</b>
<b>Protein</b> 3 g	
Vitamin D 4 mcg	20%
Calcium 320 mg	25%
Iron 0 mg	0%
Potassium 190 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
121029	227545	10078800116877	48/4oz UPFARM VANILLA

Brand	Brand Owner	GPC Description
Upstate Farms	Upstate Niagara Cooperative, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.5 LBR	12 LBR	No		Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.19 INH	9.94 INH	7.19 INH	.52	14x8	90 Days	34 FAH / 40 FAH

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS



Ready to eat as is or delicious when mixed with fruit or granola.

INGREDIENTS



Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (For Freshness), Natural Vanilla Flavor, Natural Flavors, Citric Acid, Vitamin D3

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Keep refrigerated until ready to serve.

MORE INFORMATION





**NUTRITIONAL ANALYSIS**



Calories	80
Protein	3 g
Total Carbohydrates	15 g
Sugars	12 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	7 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	320 mg
Iron	0 mg
Potassium	190 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

**NUTRITIONAL CLAIMS**

