



MARKETING

Nutrition Facts

1 Servings per container

Serving Size

1 container

Amount Per Serving

Calories

80

% Daily Value*

Total Fat 0

0%

Saturated Fat 0 g

0%

Trans Fat 0 g

Cholesterol 0 mg

0%

Sodium 75 mg

3%

Total Carbohydrates 15 g

5%

Dietary Fiber 0 g

0%

Total Sugars 12 g

Includes 7 g Added Sugars

14%

Protein 3 g

Vitamin D 4 mcg

20%

Calcium 320 mg

25%

Iron 0 mg

0%

Potassium 190 mg

4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
121029	227545	10078800116877	48/4oz UPFARM VANILLA			
Brand	Brand Owner		GPC Description			
Upstate Farms	Upstate Niagara Cooperative, Inc.		Yogurt (Perishable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
13.5 LBR	12 LBR	No		Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
13.19 INH	9.94 INH	7.19 INH	.52	14x8	90 Days	34 FAH / 40 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

ALLERGENS

C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ; 30 = 'Free From Not Tested' ; 50 = 'Derived from Ingredients' ; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'

Milk - C

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Mustard - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Molluscs - N

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (For Freshness), Natural Vanilla Flavor, Natural Flavors, Citric Acid, Vitamin D3

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Page 1 of 2

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or granola.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80
Protein	3 g
Total Carbohydrates	15 g
Sugars	12 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	7 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	320 mg
Iron	0 mg
Potassium	190 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES

