



MARKETING



Nutrition Facts

1 Servings per container
Serving Size 1 container
Amount Per Serving
Calories 80
 % Daily Value*

| | |
|---------------------------------|------------|
| Total Fat 0 | 0% |
| Saturated Fat 0 g | 0% |
| Trans Fat 0 g | |
| Cholesterol 0 mg | 0% |
| Sodium 75 mg | 3% |
| Total Carbohydrates 15 g | 5% |
| Dietary Fiber 0 g | 0% |
| Total Sugars 12 g | |
| Includes 7 g Added Sugars | 14% |
| Protein 3 g | |
| Vitamin D 4 mcg | 20% |
| Calcium 320 mg | 25% |
| Iron 0 mg | 0% |
| Potassium 190 mg | 4% |

PRODUCT SPECIFICATIONS



| Code | Dist Prod Code | GTIN | Calculated Pack |
|--------|----------------|----------------|-----------------------|
| 121029 | 227545 | 10078800116877 | 48/4oz UPFARM VANILLA |

| Brand | Brand Owner | GPC Description |
|---------------|-----------------------------------|---------------------|
| Upstate Farms | Upstate Niagara Cooperative, Inc. | Yogurt (Perishable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|------------|-----------------|
| 13.5 LBR | 12 LBR | No | | Undeclared | No |

| Shipping | | | | | | |
|-----------|----------|----------|--------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHl | Shelf Life | Storage Temp From/To |
| 13.19 INH | 9.94 INH | 7.19 INH | .52 | 14x8 | 90 Days | 34 FAH / 40 FAH |

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - N

SERVING SUGGESTIONS



Ready to eat as is or delicious when mixed with fruit or granola.

INGREDIENTS



Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Whey, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate (For Freshness), Natural Vanilla Flavor, Natural Flavors, Citric Acid, Vitamin D3

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS



Keep refrigerated until ready to serve.

MORE INFORMATION





NUTRITIONAL ANALYSIS



| | |
|---------------------|------|
| Calories | 80 |
| Protein | 3 g |
| Total Carbohydrates | 15 g |
| Sugars | 12 g |
| Dietary Fiber | 0 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | 0 |
| Vitamin A (RE) | 0 |
| Vitamin C | |
| Magnesium | |
| Monosodium | |

| | |
|---------------------|-------|
| Total Fat | 0 |
| Trans Fat | 0 g |
| Saturated Fat | 0 g |
| Added Sugars | 7 g |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 0 mg |
| Vitamin D | 4 mcg |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--------|
| Sodium | 75 mg |
| Calcium | 320 mg |
| Iron | 0 mg |
| Potassium | 190 mg |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS

