

634260 - SQUID, STEAKS, 4-6OZ, TENDERIZED

Calamari Steaks / Fully Cleaned and Trimmed / Mechanically Tenderized / Wild Caught



MARKETING



PRODUCT SPECIFICATIONS



| Code | Dist Prod Code | GTIN | Calculated Pack | | | |
|-------------------------|----------------|---|---|------------|-----------------|----------------------|
| 7107 | 634260 | 20614583171077 | 6-5 LB BAGS IN BOX | | | |
| Brand | Brand Owner | GPC Description | | | | |
| PANAPESCA | PANAPESCA | Aquatic Invertebrates - Unprepared/Unprocessed (Frozen) | | | | |
| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition | |
| 36 LBR | 30 LBR | No | China | Undeclared | No | |
| Shipping | | | | | | |
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 21.5 INH | 9.5 INH | 9.5 INH | 1.1229 FTQ | 8x7 | 548 Days | -18 FAH / 0 FAH |
| Traceability Regulation | | | | | | |
| Regulation Type Code | Regulatory Act | Trade Item Regulation Compliant | Regulation Restrictions and Descriptors | | | |
| N/A | N/A | N/A | N/A | | | |

Nutrition Facts

20 Servings per container

Serving Size 4 OZ.

Amount Per Serving
Calories 120

% Daily Value*

Total Fat %

Saturated Fat %

Trans Fat

Cholesterol 190 mg 63%

Sodium %

Total Carbohydrates %

Dietary Fiber 1 g 0%

Total Sugars

Includes Added Sugars %

Protein 28 g

Vitamin D %

Calcium %

Iron 6%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS



KEEP FROZEN, THAW UNDER REFRIGERATION

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N Peanuts - N

Eggs - N Tree - N

Soybean - N Fish - N

Wheat - N Shellfish - NI

Sesame - NI Crustaceans - N

Molluscs - C

INGREDIENTS



squid

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PREPARATION & COOKING SUGGESTIONS

Season raw steaks with olive oil, lemon juice, parsley, salt and pepper. Grill for 2 minutes per side on high heat or until opaque color. Over cooking toughens calamari.

SERVING SUGGESTIONS

See recipe on package

MORE INFORMATION

NUTRITIONAL ANALYSIS

| | |
|---------------------|------|
| Calories | 120 |
| Protein | 28 g |
| Total Carbohydrates | |
| Sugars | |
| Dietary Fiber | 1 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | |
| Vitamin A (RE) | |
| Vitamin C | |
| Magnesium | |
| Monosodium | |

| | |
|---------------------|--------|
| Total Fat | |
| Trans Fat | |
| Saturated Fat | |
| Added Sugars | |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 190 mg |
| Vitamin D | |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--|
| Sodium | |
| Calcium | |
| Iron | |
| Potassium | |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS

MORE IMAGES

