



MARKETING



PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
7107	634260	20614583171077	6-5 LB BAGS IN BOX

Brand	Brand Owner	GPC Description
PANAPESCA	PANAPESCA	Aquatic Invertebrates - Unprepared/Unprocessed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
36 LBR	30 LBR	No	China	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
21.5 INH	9.5 INH	9.5 INH	1.1229 FTQ	8x7	548 Days	-18 FAH / 0 FAH

Nutrition Facts

20 Servings per container

Serving Size 4 OZ.

Amount Per Serving

Calories 120

% Daily Value*

Total Fat %

Saturated Fat %

Trans Fat

Cholesterol 190 mg 63%

Sodium %

Total Carbohydrates %

Dietary Fiber 1 g 0%

Total Sugars

Includes Added Sugars %

Protein 28 g

Vitamin D %

Calcium %

Iron 6%

Potassium %

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soy - N
- Wheat - N
- Sesame - NI
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

SERVING SUGGESTIONS



See recipe on package

INGREDIENTS



squid

HANDLING SUGGESTIONS



KEEP FROZEN, THAW UNDER REFRIGERATION

PREPARATION & COOKING SUGGESTIONS



Season raw steaks with olive oil, lemon juice, parsley, salt and pepper. Grill for 2 minutes per side on high heat or until opaque color. Over cooking toughens calamari.

MORE INFORMATION





NUTRITIONAL ANALYSIS



Calories	120
Protein	28 g
Total Carbohydrates	
Sugars	
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	
Trans Fat	
Saturated Fat	
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	190 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



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