

GMLFS

10071923650235 - Pancake & Waffle Mix

add Water Only (Complete). ***365 Days for product performance 60 Days against infestation"



MARKETING

Add Water Only (Complete). DO NOT CONSUME / EAT RAW MIX



Nutrition Facts

41 Servings per container	
Serving Size	1/2 CUP
Amount Per Serving	
Calories	200
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 701 mg	31%
Total Carbohydrates 40 g	15%
Dietary Fiber 1 g	4%
Total Sugars 6 g	
Includes 5 g Added Sugars	10%

Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 130 mg	10%
Iron 1.9 mg	10%
Potassium 90 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN			Pack Description		
71923-65023		10071923650235			6 / / 5.0 Pound		
Brand	Brand Owner			GPC Description			
GMLFS	Gilster-Mary Lee Food Service			Baking/Cooking Mixes (Shelf Stable)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition	
31.5 LBR	30 LBR	No	United States		Yes	No	
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
17.563 INH	9.688 INH	11.688 INH	1.151 FTQ	10x4	365 Days	50 FAH / 85 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
TRACEABILITY_REGULATION		FSMA204	NOT_APPLICABLE		NOT_COVERED_BY_FTL		

HANDLING SUGGESTIONS

DRY



ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - N
- Soybean - N
- Wheat - C
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - N
- Crustaceans - N



INGREDIENTS

"ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED BLEACHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), YELLOW CORN FLOUR (YELLOW CORN FLOUR, NIACIN, IRON [FERROUS SULFATE], THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEXTROSE, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), RICE FLOUR, SOYBEAN OIL, WHEY, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, CALCIUM CARBONATE, ARTIFICIAL FLAVOR, CELLULOSE GUM CONTAINS A BIOENGINEERED FOOD INGREDIENT"

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PREPARATION & COOKING SUGGESTIONS

5 lbs mix 3 Quarts (96 oz) Water 70-75°F 2 1/2 lb mix 6 cups (48ozs) water 70-75°F 1. Blend together all liquid ingredients in proper size mixing bowl 2. add pancake mix and blend with whip attachment 30 seconds on low speed, scrape bowl and continue to blend for 1 minute. 3. let batter stand 10 minutes - then gently reblend the batter. 4. Fry on lightly greased griddle at 375°F - 385 °F for 1 to 1 1/2 minutes per side. FOR WAFFLES add additional 2oz of water to each pound of mix used in preparation of batter.

SERVING SUGGESTIONS

1/2 CUP

MORE INFORMATION