

124181 - Gold Medal(TM) Full Strength(TM) Bakers Flour Bleache...

Gold Medal(TM) Full Strength(TM) is a spring wheat flour. Available in a 50 lb package, with a 12.6% protein level.



MARKETING

A high quality, spring wheat flour milled from a selected blend of hard wheat. Provided in a bleached bromated enriched malted option.. Available in a 50 lb package, which is cost effective for large operations.. This versatile flour is great for any type of yeast-raised products.. Contains a 12.6% protein level.

Nutrition Facts

226 Servings per container

Serving Size 1/4 cup

Amount Per Serving
Calories **110**

% Daily Value*

Total Fat 0 **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 0 mg **0%**

Total Carbohydrates 22 g **8%**

Dietary Fiber 1 g **3%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 4 g

Vitamin D 0 mcg **0%**

Calcium 0 mg **0%**

Iron 1.5 mg **8%**

Potassium 0 mg **0%**

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
53381000	124181	10016000533810	1/50 LB

Brand	Brand Owner	GPC Description
Gold Medal	GENERAL MILLS SALES INC.	Flour - Cereal/Pulse (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
51.000 LBR	50.00 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	Tlx/HL	Shelf Life	Storage Temp From/To
23.500 INH	15.750 INH	4.850 INH	1.03900 FTQ	5x10	372 Days	32 FAH / 95 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Eggs - 30
- Soy - 30
- Wheat - C
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

Great for all types of yeast raised products.

INGREDIENTS

BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.

HANDLING SUGGESTIONS

DO NOT EAT RAW DOUGH OR BATTER

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION



NUTRITIONAL ANALYSIS



Calories	110
Protein	4 g
Total Carbohydrates	22 g
Sugars	0 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	90 mcg
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	1.5 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	0.2 mg
Niacin	1.6 mg
Riboflavin	0.1 mg
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



ARTIFICIAL_FLAVOUR	FREE_FROM	SODIUM_SALT	LOW	CHOLESTEROL	LOW
MSG	FREE_FROM	FAT	LOW	SODIUM_SALT	REDUCED_LESS
ARTIFICIAL_PRESERVATIVES	FREE_FROM	FAT	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
SODIUM_SALT	FREE_FROM	CHOLESTEROL	FREE_FROM	TRANS_FAT	FREE_FROM
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	LOW_SALT	YES
VEGETARIAN	YES	KOSHER	YES	VEGAN	YES
PLANT_BASED	YES				

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