

CONTINENTAL MILLS VALUE

125159 - CMV BASIC MUFFIN

Dry mix is easy to make, convenient and requires no refrigeration.. An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure.



MARKETING

Just add water. Classic plain muffin flavor.
Easy to customize. Rises nicely

Nutrition Facts

27 Servings per container

Serving Size 2/3 cup dry mix

Amount Per Serving

Calories 340

% Daily Value*

Total Fat 8	10%
Saturated Fat 1.5 g	8%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 600 mg	26%
Total Carbohydrates 63 g	23%
Dietary Fiber 1 g	3%
Total Sugars 23 g	
Includes 23 g Added Sugars	46%
Protein 4 g	

Vitamin D	0 mcg	0%
Calcium	30 mg	2%
Iron	2.3 mg	15%
Potassium	60 mg	0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

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Code		Dist Prod Code		GTIN		Calculated Pack	
744-2140		125159		10041449120161		6/5 lbs	
Brand			Brand Owner		GPC Description		
CONTINENTAL MILLS VALUE			Continental Mills		Baking/Cooking Mixes (Shelf Stable)		
Gross Weight		Net Weight	Case/Catch Weight		Country Of Origin	Kosher	Child Nutrition
31.5 LBR		30 LBR	No		United States	Yes	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
16.0625 INH	11.8125 INH	9.125 INH	1.002 FTQ	10x6	546 Days	32 FAH / 95 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors		
N/A		N/A	N/A		N/A		

HANDLING SUGGESTIONS

This mix should perform for its intended use for 18 months in cool dry storage. Hot, humid storage may reduce shelf life. Each shipment will be properly controlled and handled to prevent adulteration as defined in the Food, Drug and Cosmetic Act (section 402). Kosher

- ALLERGENS
- C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'
- Milk - C

Eggs - MC

Soybean - MC

Wheat - C

Sesame - 30
- Peanuts - 30

Tree - 30

Fish - 30

Shellfish - NI

Crustaceans - 30

INGREDIENTS

Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, Less than 2% of: baking soda, mono-diglycerides, monocalcium phosphate, natural and artificial flavor (contains milk derivatives), salt, sodium acid pyrophosphate, sodium aluminum phosphate.

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PREPARATION & COOKING SUGGESTIONS

DIRECTIONS 5 LB (full pouch) Mix 40 OZ (5 cups) Water Place total amount of water in mixer bowl; add total amount of mix. Using a paddle, mix on low speed 15 seconds. Scrape bowl. Continue to mix on low speed 15 seconds. Scale batter into well-greased or paper-lined muffin pans. Bake: Convection Oven Standard Oven 350° F 12-15 min. 400° F 16-18 min.

SERVING SUGGESTIONS

Yield: Makes approximately 4 1/2 dozen muffins.

MORE INFORMATION

Telephone : Continental Mills; PO Box 88176; Seattle, WA 98138-2176

NUTRITIONAL ANALYSIS

Calories	340	Total Fat	8	Sodium	600 mg
Protein	4 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	63 g	Saturated Fat	1.5 g	Iron	2.3 mg
Sugars	23 g	Added Sugars	23 g	Potassium	60 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

WHEAT	CONTAINS	MILK	CONTAINS	SOY	CONTAINS
KOSHER	YES				

MORE IMAGES



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