

CONTINENTAL MILLS VALUE

125159 - CMV BASIC MUFFIN

Dry mix is easy to make, convenient and requires no refrigeration.. An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure.



MARKETING

Just add water. Classic plain muffin flavor.  
Easy to customize. Rises nicely

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
744-2140	125159	10041449120161	6/5 lbs

Brand	Brand Owner	GPC Description
CONTINENTAL MILLS VALUE	Continental Mills	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31.5 LBR	30 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.0625 INH	11.8125 INH	9.125 INH	1.002 FTQ	10x6	546 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS

This mix should perform for its intended use for 18 months in cool dry storage. Hot, humid storage may reduce shelf life. Each shipment will be properly controlled and handled to prevent adulteration as defined in the Food, Drug and Cosmetic Act (section 402). Kosher

SERVING SUGGESTIONS

Yield: Makes approximately 4 1/2 dozen muffins.

INGREDIENTS

Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, Less than 2% of: baking soda, mono-diglycerides, monocalcium phosphate, natural and artificial flavor (contains milk derivatives), salt, sodium acid pyrophosphate, sodium aluminum phosphate.

- ALLERGENS
- C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **30** = 'Free From Not Tested'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

Milk - C

Eggs - MC

Soybean - MC

Wheat - C

Sesame - 30

Peanuts - 30

Tree - 30

Fish - 30

Shellfish - NI

Crustaceans - 30

Nutrition Facts

27 Servings per container

Serving Size2/3 cup dry mix

Amount Per Serving

Calories340

% Daily Value\*

Total Fat 810%

Saturated Fat 1.5 g8%

Trans Fat 0 g

Cholesterol 0 mg0%

Sodium 600 mg26%

Total Carbohydrates 63 g23%

Dietary Fiber 1 g3%

Total Sugars 23 g

Includes 23 g Added Sugars46%

Protein 4 g

Vitamin D 0 mcg0%

Calcium 30 mg2%

Iron 2.3 mg15%

Potassium 60 mg0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PREPARATION & COOKING SUGGESTIONS

DIRECTIONS 5 LB (full pouch) Mix 40 OZ (5 cups) Water Place total amount of water in mixer bowl; add total amount of mix. Using a paddle, mix on low speed 15 seconds. Scrape bowl. Continue to mix on low speed 15 seconds. Scale batter into well-greased or paper-lined muffin pans. Bake: Convection Oven Standard Oven 350° F 12-15 min. 400° F 16-18 min.

CONTINENTAL MILLS VALUE

125159 - CMV BASIC MUFFIN

Dry mix is easy to make, convenient and requires no refrigeration.. An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure.

NUTRITIONAL ANALYSIS



Calories	340	Total Fat	8	Sodium	600 mg
Protein	4 g	Trans Fat	0 g	Calcium	30 mg
Total Carbohydrates	63 g	Saturated Fat	1.5 g	Iron	2.3 mg
Sugars	23 g	Added Sugars	23 g	Potassium	60 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS



WHEAT	CONTAINS	MILK	CONTAINS	SOY	CONTAINS
KOSHER	YES				

MORE IMAGES

