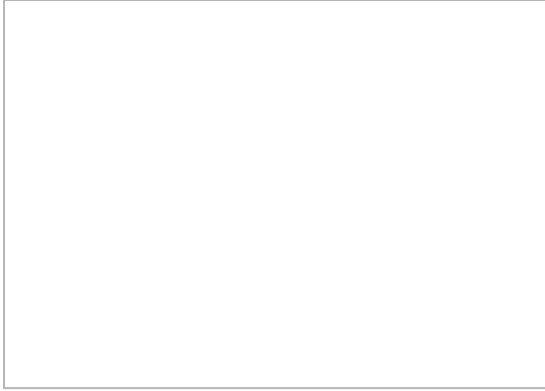


125159 - CONTINENTAL MILLS VALUE BASIC MUFFIN MIX

An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure



MARKETING



PRODUCT SPECIFICATIONS



| Code | Dist Prod Code | GTIN | Calculated Pack |
|----------|----------------|----------------|-----------------|
| 744-2140 | 125159 | 00041449120164 | 6 x 5 LBR |

| Brand | Brand Owner | GPC Description |
|-------------------------|-------------------|-------------------------------------|
| CONTINENTAL MILLS VALUE | Continental Mills | Baking/Cooking Mixes (Shelf Stable) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 5.25 LBR | 5 LBR | No | United States | Yes | No |

| Shipping | | | | | | |
|----------|-------|--------|----------|-------|------------|----------------------|
| Length | Width | Height | Volume | TlxHI | Shelf Life | Storage Temp From/To |
| 7.5 INH | 2 INH | 15 INH | 0.13 FTQ | x | 546 Days | 32 FAH / 95 FAH |

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - MC
- Soy - MC
- Wheat - C
- Sesame - NI
- Peanuts - NI
- Tree Nuts - NI
- Fish - NI
- Shellfish - NI

HANDLING SUGGESTIONS



This mix should perform for its intended use for 18 months in cool dry storage. Hot, humid storage may reduce shelf life. Each shipment will be properly controlled and handled to prevent adulteration as defined in the Food, Drug and Cosmetic Act (section 402).

MORE INFORMATION



Telephone : Continental Mills; PO Box 88176;
Seattle, WA 98138-2176

SERVING SUGGESTIONS



Yield: Makes approximately 4 1/2 dozen muffins.

PREPARATION & COOKING SUGGESTIONS



DIRECTIONS 5 LB (full pouch) Mix 40 OZ (5 cups)
Water Place total amount of water in mixer bowl; add total amount of mix. Using a paddle, mix on low speed 15 seconds. Scrape bowl. Continue to mix on low speed 15 seconds. Scale batter into well-greased or paper-lined muffin pans. Bake: Convection Oven Standard Oven 350° F 12-15 min. 400° F 16-18 min.

Nutrition Facts

27 Servings per container

Serving Size 2/3 cup dry mix

Amount Per Serving

Calories **340**

% Daily Value*

Total Fat 8 g **10%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 600 mg **26%**

Total Carbohydrates 63 g **23%**

Dietary Fiber 1 g **3%**

Total Sugars 23 g

Includes 23 g Added Sugars **46%**

Protein 4 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 2.3 mg 15%

Potassium 60 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS



Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, Less than 2% of: baking soda, mono-diglycerides, monocalcium phosphate, natural and artificial flavor (contains milk derivatives), salt, sodium acid pyrophosphate, sodium aluminum phosphate.

125159 - CONTINENTAL MILLS VALUE BASIC MUFFIN MIX

An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure

NUTRITIONAL ANALYSIS 

| | |
|---------------------|------|
| Calories | 340 |
| Protein | 4 g |
| Total Carbohydrates | 63 g |
| Sugars | 23 g |
| Dietary Fiber | 1 g |
| Lactose | |
| Sucrose | |
| Vitamin A (IU) | |
| Vitamin A (RE) | |
| Vitamin C | |
| Magnesium | |
| Monosodium | |

| | |
|---------------------|-------|
| Total Fat | 8 g |
| Trans Fat | 0 g |
| Saturated Fat | 1.5 g |
| Added Sugars | 23 g |
| Polyunsaturated Fat | |
| Monounsaturated Fat | |
| Cholesterol | 0 mg |
| Vitamin D | 0 mcg |
| Vitamin E | |
| Folate | |
| Vitamin B-6 | |
| Sulphites | |

| | |
|--------------|--------|
| Sodium | 600 mg |
| Calcium | 30 mg |
| Iron | 2.3 mg |
| Potassium | 60 mg |
| Zinc | |
| Phosphorus | |
| Thiamin | |
| Niacin | |
| Riboflavin | |
| Vitamin B-12 | |
| Nitrates | |

NUTRITIONAL CLAIMS 

| | |
|--------|-----|
| KOSHER | YES |
|--------|-----|