

125159 - CMV BASIC MUFFIN

Dry mix is easy to make, convenient and requires no refrigeration.. An all-purpose muffin mix that serves as a base to build your own specialty items. It is slightly sweet, rich tasting and makes muffins that are tender with a cake-like structure.



MARKETING

Just add water. Classic plain muffin flavor. Easy to customize. Rises nicely

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
744-2140	125159	10041449120161	6/5 lbs

Brand	Brand Owner	GPC Description
CONTINENTAL MILLS VALUE	Continental Mills	Baking/Cooking Mixes (Shelf Stable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
31.5 LBR	30 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.0625 INH	11.8125 INH	9.125 INH	1.002 FTQ	10x6	546 Days	32 FAH / 95 FAH

HANDLING SUGGESTIONS

This mix should perform for its intended use for 18 months in cool dry storage. Hot, humid storage may reduce shelf life. Each shipment will be properly controlled and handled to prevent adulteration as defined in the Food, Drug and Cosmetic Act (section 402). Kosher

SERVING SUGGESTIONS

Yield: Makes approximately 4 1/2 dozen muffins.

Nutrition Facts

27 Servings per container

Serving Size 2/3 cup dry mix

Amount Per Serving
Calories **340**

% Daily Value*

Total Fat 8 **10%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 600 mg **26%**

Total Carbohydrates 63 g **23%**

Dietary Fiber 1 g **3%**

Total Sugars 23 g

Includes 23 g Added Sugars **46%**

Protein 4 g

Vitamin D 0 mcg 0%

Calcium 30 mg 2%

Iron 2.3 mg 15%

Potassium 60 mg 0%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

Enriched bleached flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, dextrose, Less than 2% of: baking soda, mono-diglycerides, monocalcium phosphate, natural and artificial flavor (contains milk derivatives), salt, sodium acid pyrophosphate, sodium aluminum phosphate.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - 30
- Eggs - MC
- Tree - 30
- Soybean - MC
- Fish - 30
- Wheat - C
- Shellfish - NI
- Sesame - 30
- Crustaceans - 30

MORE INFORMATION

Telephone : Continental Mills; PO Box 88176; Seattle, WA 98138-2176

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NUTRITIONAL ANALYSIS



Calories	340
Protein	4 g
Total Carbohydrates	63 g
Sugars	23 g
Dietary Fiber	1 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	8
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	23 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	600 mg
Calcium	30 mg
Iron	2.3 mg
Potassium	60 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



WHEAT	CONTAINS
KOSHER	YES

MILK	CONTAINS
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SOY	CONTAINS
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MORE IMAGES

