#### **Nature Valley**

# 313771 - Nature Valley Granola Bars Single Bar Pouch Peanut Bu...

A crunchy, whole grain oat granola bar made from a blend of whole grain rolled oats with real peanut butter. Individually wrapped, with 1 bar per package, provides 8g of whole grain for a convenient, on-the-go snack. Made without Gelatin, no artificial flavors, no colors from artificial sources, and no high fructose corn syrup. For crediting in USDA Child Nutrition Programs: .5...



MARKETING

A crunchy, whole grain oat granola bar made from a blend of whole grain rolled oats with real peanut butter. Individually wrapped, with 1 bar per package. Available in bulk, 144 - .740z bars per case.. A crunchy granola bar made with rich, creamy peanut butter drizzled over 100% natural whole grain oats.. For crediting in USDA Child Nutrition Programs: .5 ounce equivalent grain and whole grain-rich criteria. Provides 8g of whole grain for a convenient, on-the-go snack.. Recommended for K-12 schools, hospitality pantry, college & university, and healthcare settings.

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# **Nutrition Facts**

144 Servings per container	
Serving Size	1 bar
Amount Per Serving Calories	100
	% Daily Value*
Total Fat 4	5%
Saturated Fat 0 g	0%
<i>Trans</i> Fat 0 g	
Cholesterol 0 mg	0%
Sodium 80 mg	3%
Total Carbohydrates 14 g	5%
Dietary Fiber 1 g	4%
Total Sugars 5 g	
Includes 5 g Added Sugars	11%
<b>Protein</b> 2 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.6 mg	4%
Potassium 0 mg	0%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code		Dist Prod Code			de	GTIN				Calculated Pack		
11584000			313	771		10016000115849				144/0.74 OZ		
Brand					Brand Owner				GPC Description			
Nature Valley			GENERAL MILLS SALES INC.					Cereal/Muesli Bars				
Gross Weight Net V			Weight	Case/Catch Weight Country Of O			Origin	Kosher	Child Nutrition			
8.760 LBR	8.760 LBR 6.66 LBR			No	United States			tes	Yes	No		
Shipping												
Length	Wi	/idth Height			Volum	е т	IxHI	Shelf Life		Storage Temp From/To		
11.180 INH	6.68	0 INH	12.120 INH 0.52400 FTQ 25x4 372 Day			ys	s 32 FAH / 95 FAH					
Traceability Regulation												
Regulation Type Code			Regula Act		Trad	le Item Regulation Compliant		Re	Regulation Restrictions and Descriptors			
N/A			N/A			N/A			N/A			

# HANDLING SUGGESTIONS

Keep in a cool, dry place

## ALLERGENS

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 C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared';

 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

 (A)

 (A)

 (B)

 Milk - 30

🔘 Eggs - 30	Tree - MC
🗞 Soybean - C	🔊 Fish - 30
🛞 Wheat - 30	Dellfish - NI
🗞 Sesame - 30	(!) Crustaceans - 30
Pine Nuts - 30	I Almonds - MC
(!) Cashews - 30	() Hazelnuts - 30
(!) Macadamia Nuts - 30	() Chestnuts - 30
! Coconuts - 30	Pecan Nuts - MC
! Brazil Nuts - 30	Pistachios - 30
U Walnuts - 30	I Molluscs - 30

## INGREDIENTS

Ingredients: Whole Grain Oats, Sugar, Canola and/or Sunflower Oil, Peanut Butter (peanuts, salt), Rice Flour, Brown Sugar Syrup, Salt, Baking Soda, Soy Lecithin.

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#### **PREPARATION & COOKING SUGGESTIONS**

SERVING SUGGESTIONS

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MORE INFORMATION

Ready to eat

Serve as is

#### NUTRITIONAL ANALYSIS

Calories	100	Total Fat	4	Sodium	80 mg
Protein	2 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	14 g	Saturated Fat	0 g	Iron	0.6 mg
Sugars	5 g	Added Sugars	5 g	Potassium	0 mg
Dietary Fiber	1 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

#### NUTRITIONAL CLAIMS

TRANS_FAT	FREE_FROM	WHOLE_GRAIN	CONTAINS	WHOLE_GRAIN	EXCELLENT_SOURCE_OF
ARTIFICIAL_FLAVOUR	FREE_FROM	GELATINE	FREE_FROM	PARTIALLY HYDROGENATED VEGETABLE OIL	FREE FROM
ARTIFICIAL_PRESERVATIVES	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM	PARTIALLI_HTDROGENATED_VEGETABLE_OIL	
KOSHER	YES	VEGETARIAN	YES	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM

## MORE IMAGES



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