

# 323378 - Cafe Puree Baked Ham

The best tasting and most extensive line of shaped and formed purees available. The Café Puree line provides a broad variety of single serve puree products that are designed to provide your facility maximum versatility, ease of use and reduced labor. All within the specific guidelines of IDDSI and the national dysphagia diet. Simply put, they are the easiest to prepare and the ...



### MARKETING

IDDSI Level 4-Pureed. Also suitable for IDDSI Level 5-Minced & Moist and Level 6-Soft & Bite-Sized.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
20004	323378	50794688200047	24 x 3 OZ

Brand	Brand Owner	GPC Description
Cafe Puree	Medtrition, Inc.	Pork - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.35 LBR	4.5 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.875 INH	9.375 INH	5.5 INH	0.444 FTQ	14x6	1095 Days	-20 FAH / 0 FAH

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

-  Milk - N
-  Eggs - N
-  Soy - C
-  Wheat - N
-  Sesame - N
-  Peanuts - N
-  Tree Nuts - N
-  Fish - N
-  Shellfish - NI

### HANDLING SUGGESTIONS

Keep frozen 0 degrees F or below.

### MORE INFORMATION

Website : [www.medtrition.com](http://www.medtrition.com)

### SERVING SUGGESTIONS

1 piece

### PREPARATION & COOKING SUGGESTIONS

Microwave: (from frozen) Using a 1,400 watt microwave, place portion inside microwave oven, film side up. Do not remove or puncture film. Cook on MEDIUM POWER SETTING until a minimum internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). DO NOT OVERCOOK. After cooking, vent corner of tray and let portion stand for 3 to 5 minutes. Remove film completely from tray, fan sides of product to loosen, flip over and tap until product releases from tray. Please note: No more than 12 oz. of pasta should be prepared in the microwave at a time. If preparing 3 portions: From Frozen: Cook on HIGH POWER SETTING until an internal temperature of 165°F is reached (170-180°F for Mac & Cheese and Spaghetti & Meat Sauce). Steamer / Convection Oven / Conventional Oven: (from frozen) Place portion, film side up, in steamer pan, on baking pan or tray. Do not remove or puncture film. Bake in preheated oven until an internal temperature of 165°F...

## Nutrition Facts

24 Servings per container

**Serving Size** 1 tray

**Amount Per Serving**  
**Calories** 180

% Daily Value\*

**Total Fat** 7 g 9%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

**Cholesterol** 20 mg 7%

**Sodium** 440 mg 19%

**Total Carbohydrates** 8 g 3%

Dietary Fiber 0 g 0%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

**Protein** 21 g

Vitamin D 0 mcg 0%

Calcium 10 mg 0%

Iron 0.5 mg 2%

Potassium 130 mg 2%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### INGREDIENTS

Ham (water added, cured with water, salt, dextrose, sugar, potassium lactate, modified potato starch, sodium phosphates, sodium diacetate, sodium erythorbate, sodium nitrite), Pork (may contain up to 20% of a solution of water, salt, sodium phosphate, natural flavor), Bovine Collagen Hydrolyzate, Water, Modified Food Starch (corn and/or tapioca), Vegetable Oil (canola, corn and/or soybean oil, TBHQ, citric acid, dimethylpolysiloxane), Soy Protein Isolate, Natural Smoke Flavor (water, natural hickory smoke concentrate). Contains: Soy.

## 323378 - Cafe Puree Baked Ham

The best tasting and most extensive line of shaped and formed purees available. The Café Puree line provides a broad variety of single serve puree products that are designed to provide your facility maximum versatility, ease of use and reduced labor. All within the specific guidelines of IDDSI and the national dysphagia diet. Simply put, they are the easiest to prepare and the ...

### NUTRITIONAL ANALYSIS



Calories	180
Protein	21 g
Total Carbohydrates	8 g
Sugars	0 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	0 mg
Magnesium	
Monosodium	

Total Fat	7 g
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	20 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	440 mg
Calcium	10 mg
Iron	0.5 mg
Potassium	130 mg
Zinc	
Phosphorus	210 mg
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

### NUTRITIONAL CLAIMS



TRANS_FAT	FREE_FROM
-----------	-----------

### MORE IMAGES

