

Yoplait

227380 - Yoplait(R) Light Yogurt Single Serve Cup Blueberry Pa...

The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This blueberry gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made live and active cultures and without high fructose corn syrup.



MARKETING

This light, creamy blueberry yogurt is suitable for breakfast and grab-and-go service. It provides a good source of nutrients like protein, calcium, vitamins A and D.. This Light Style Yogurt comes in a 12 count, 6oz cup formatted case. Made With Goodness: Yoplait Light yogurt is a good source of Calcium & Vitamin D and fat free.. Gluten Free. Contains no artificial flavors. No colors from artificial sources. No high fructose corn syrup.. Yoplait 6 oz yogurt cups meet Kosher requirements and contain 0g trans fat.. Suitable as part of the International Dysphagia Diet Standardization Initiative (IDDSI). ...

Nutrition Facts

12 Servings per container

Serving Size1 container

Amount Per ServingCalories80

% Daily Value\*

Total Fat 0 g0%

Saturated Fat 0 g0%

Trans Fat 0 g

Cholesterol 5 mg1%

Sodium 75 mg3%

Total Carbohydrates 15 g6%

Dietary Fiber 0 g0%

Total Sugars 7 g

Includes 1 g Added Sugars2%

Protein 5 g

Vitamin D 2.9 mcg15%

Calcium 210 mg15%

Iron 0 mg0%

Potassium 250 mg6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
652000	227380	10070470006526	12/6 OZ

Brand	Brand Owner	GPC Description
Yoplait	GENERAL MILLS SALES INC.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.010 LBR	4.50 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.620 INH	8.000 INH	3.750 INH	0.18400 FTQ	22x10	70 Days	33 FAH / 45 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - C

Eggs - 30

Soy - 30

Wheat - 30

Sesame - 30

Peanuts - 30

Tree Nuts - 30

Fish - 30

Shellfish - NI

SERVING SUGGESTIONS

Serve as is

INGREDIENTS

Cultured Grade A Nonfat Milk, Water, Blueberries, Modified Corn Starch, Allulose, Kosher Gelatin, Tricalcium Phosphate, Natural Flavor, Citric Acid, Potassium Sorbate Added to Maintain Freshness, Sucralose, Acesulfame Potassium, Red #40, Vitamin A Acetate, Blue #1, Vitamin D3.

HANDLING SUGGESTIONS

KEEP REFRIGERATED

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	80	Total Fat	0 g	Sodium	75 mg
Protein	5 g	Trans Fat	0 g	Calcium	210 mg
Total Carbohydrates	15 g	Saturated Fat	0 g	Iron	0 mg
Sugars	7 g	Added Sugars	1 g	Potassium	250 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	5 mg	Thiamin	
Vitamin A (IU)	190	Vitamin D	2.9 mcg	Niacin	
Vitamin A (RE)	190	Vitamin E		Riboflavin	
Vitamin C		Folate		Vitamin B-12	
Magnesium		Vitamin B-6		Nitrates	
Monosodium		Sulphites			

NUTRITIONAL CLAIMS



GLUTEN	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	VITAMIN_D	ADDED
FAT	LOW	TRANS_FAT	FREE_FROM	VITAMIN_A	EXCELLENT_SOURCE_OF
HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM	VITAMIN_A	ADDED	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM
CHOLESTEROL	LOW	VITAMIN_A	GOOD_SOURCE_OF	CALCIUM	GOOD_SOURCE_OF
FAT	FREE_FROM	SODIUM_SALT	LOW	SATURATED_FAT	LOW
FREE_FROM_GLUTEN	YES	KOSHER	YES	LOW_CALORIE	YES
LOW_SALT	YES				

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