

227380 - Yoplait(R) Light Yogurt Single Serve Cup Blueberry Pa...

The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This blueberry gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made live and active cultures and without high fructose corn syrup.



MARKETING

This light, creamy blueberry yogurt is suitable for breakfast and grab-and-go service. It provides a good source of nutrients like protein, calcium, vitamins A and D.. This Light Style Yogurt comes in a 12 count, 6oz cup formatted case. Made With Goodness: Yoplait Light yogurt is a good source of Calcium & Vitamin D and fat free.. Gluten Free. Contains no artificial flavors. No colors from artificial sources. No high fructose corn syrup.. Yoplait 6 oz yogurt cups meet Kosher requirements and contain 0g trans fat.. Suitable as part of the International Dysphagia Diet Standardization Initiative (IDDSI). ...

Nutrition Facts

12 Servings per container	
Serving Size	1 container
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 75 mg	3%
Total Carbohydrates 15 g	6%
Dietary Fiber 0 g	0%
Total Sugars 7 g	
Includes 1 g Added Sugars	2%
Protein 5 g	
Vitamin D 2.9 mcg	15%
Calcium 210 mg	15%
Iron 0 mg	0%
Potassium 240 mg	6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
652000	227380	10070470006526	12/6 OZ

Brand	Brand Owner	GPC Description
Yoplait	GENERAL MILLS SALES INC.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
5.010 LBR	4.50 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.620 INH	8.000 INH	3.750 INH	0.18400 FTQ	22x10	70 Days	33 FAH / 45 FAH

ALLERGENS

C = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **30** = 'Free From Not Tested'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - C
- Eggs - 30
- Soy - 30
- Wheat - 30
- Sesame - 30
- Peanuts - 30
- Tree Nuts - 30
- Fish - 30
- Shellfish - NI

SERVING SUGGESTIONS

Serve as is

INGREDIENTS

Cultured Grade A Nonfat Milk, Water, Blueberries, Modified Food Starch. Contains 1% or less of: Allulose, Kosher Gelatin, Corn Starch, Tricalcium Phosphate, Citric Acid, Acesulfame Potassium, Sucralose, Potassium Sorbate Added to Maintain Freshness, Natural Flavor, Red #40, Vitamin A Acetate, Blue #1, Vitamin D3.

HANDLING SUGGESTIONS

KEEP REFRIGERATED

PREPARATION & COOKING SUGGESTIONS

Ready to eat

MORE INFORMATION

227380 - Yoplait(R) Light Yogurt Single Serve Cup Blueberry Pa...



The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This blueberry gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made live and active cultures and without high fructose corn syrup.

NUTRITIONAL ANALYSIS



Calories	80
Protein	5 g
Total Carbohydrates	15 g
Sugars	7 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	190
Vitamin A (RE)	190
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	2.9 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	210 mg
Iron	0 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



CHOLESTEROL	LOW	SATURATED_FAT	LOW	CALCIUM	GOOD_SOURCE_OF
VITAMIN_A	GOOD_SOURCE_OF	FAT	FREE_FROM	VITAMIN_A	EXCELLENT_SOURCE_OF
PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
GLUTEN	FREE_FROM	VITAMIN_D	GOOD_SOURCE_OF	FAT	LOW
TRANS_FAT	FREE_FROM	LOW_SALT	YES	FREE_FROM_GLUTEN	YES
KOSHER	YES	LOW_CALORIE	YES		

MORE IMAGES

