

Yoplait

227380 - Yoplait(R) Light Yogurt Single Serve Cup Blueberry Pa...

The irresistible creaminess of Yoplait(R), fat free, and 90 calories per single serve cup. This blueberry gluten-free yogurt is a delicious way to help patrons who are looking to manage their weight. Made live and active cultures and without high fructose corn syrup.



MARKETING

This light, creamy blueberry yogurt is suitable for breakfast and grab-and-go service. It provides a good source of nutrients like protein, calcium, vitamins A and D.. This Light Style Yogurt comes in a 12 count, 6oz cup formatted case. Made With Goodness: Yoplait Light yogurt is a good source of Calcium & Vitamin D and fat free.. Gluten Free. Contains no artificial flavors. No colors from artificial sources. No high fructose corn syrup.. Yoplait 6 oz yogurt cups meet Kosher requirements and contain 0g trans fat.. Suitable as part of the International Dysphagia Diet Standardization Initiative (IDDSI).

Nutrition Facts

12 Servings per container	
Serving Size	1 container
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 75 mg	3%
Total Carbohydrates 15 g	6%
Dietary Fiber 0 g	0%
Total Sugars 7 g	
Includes 1 g Added Sugars	2%
Protein 5 g	
Vitamin D 2.9 mcg	
15%	
Calcium 210 mg	
15%	
Iron 0 mg	
0%	
Potassium 240 mg	
6%	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

PRODUCT SPECIFICATIONS

Code	Dist Prod Code		GTIN		Calculated Pack	
652000	227380		10070470006526		12/6 OZ	
Brand	Brand Owner				GPC Description	
Yoplait	GENERAL MILLS SALES INC.				Yogurt (Perishable)	
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin		Kosher	Child Nutrition
5.010 LBR	4.50 LBR	No	United States		Yes	No
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
10.620 INH	8.000 INH	3.750 INH	0.18400 FTQ	22x10	70 Days	33 FAH / 45 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A	N/A	N/A			N/A	

HANDLING SUGGESTIONS

KEEP REFRIGERATED

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - 30
- Soybean - 30
- Wheat - 30
- Sesame - 30
- Pine Nuts - 30
- Cashews - 30
- Macadamia Nuts - 30
- Coconuts - 30
- Brazil Nuts - 30
- Walnuts - 30
- Peanuts - 30
- Tree - 30
- Fish - 30
- Shellfish - NI
- Crustaceans - 30
- Almonds - 30
- Hazelnuts - 30
- Chestnuts - 30
- Pecan Nuts - 30
- Pistachios - 30
- Molluscs - 30

INGREDIENTS

Cultured Grade A Nonfat Milk, Water, Blueberries, Modified Food Starch. Contains 1% or less of: Allulose, Kosher Gelatin, Corn Starch, Tricalcium Phosphate, Citric Acid, Acesulfame Potassium, Sucralose, Potassium Sorbate Added to Maintain Freshness, Natural Flavor, Red #40, Vitamin A Acetate, Blue #1, Vitamin D3.

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PREPARATION & COOKING SUGGESTIONS

Ready to eat

SERVING SUGGESTIONS

Serve as is

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	80
Protein	5 g
Total Carbohydrates	15 g
Sugars	7 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	190
Vitamin A (RE)	190
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	2.9 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	75 mg
Calcium	210 mg
Iron	0 mg
Potassium	240 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

VITAMIN_D	GOOD_SOURCE_OF	VITAMIN_A	EXCELLENT_SOURCE_OF	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
CALCIUM	GOOD_SOURCE_OF	SODIUM_SALT	LOW	FAT	LOW
CHOLESTEROL	LOW	FAT	FREE_FROM	GLUTEN	FREE_FROM
SATURATED_FAT	LOW	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	TRANS_FAT	FREE_FROM
VITAMIN_A	GOOD_SOURCE_OF	FREE_FROM_GLUTEN	YES	LOW_CALORIE	YES
KOSHER	YES	LOW_SALT	YES		

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