

# 351686 - CN American Cheese Pierogies

"Big flavor, real food that always hits the spot."



## MARKETING



## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack
4116400375	351686	10041164003756	4 x 72 CT

Brand	Brand Owner	GPC Description
Ateco, Inc.	Mrs. Ts Pierogies	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
27.26 LBR	24.86 LBR	No	United States	Yes	Yes

Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.32 INH	12.8 INH	12.14 INH	1.29 FTQ	5x9	540 Days	0 FAH / 0 FAH

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soy - C
- Wheat - C
- Sesame - N
- Peanuts - N
- Tree Nuts - N
- Fish - N
- Shellfish - NI

## HANDLING SUGGESTIONS



Keep Frozen

## MORE INFORMATION



## SERVING SUGGESTIONS



Saute, boil, fry, steam, or bake and top with your favorite seasonings and sauces.

## PREPARATION & COOKING SUGGESTIONS



**Sauté:** Sauté frozen pierogies in skillet with butter or oil on medium heat. Turn occasionally until golden brown, approximately 8 minutes on each side. **Boil:** Bring 2 quarts of water to boil. Add frozen pierogies and heat for 5-7 minutes (DO NOT wait for water to re-boil); drain. Top with butter and sautéed onions. **Bake:** Preheat oven to 400°F. Spray cooking sheet and both sides of pierogies with non-stick cook spray. Bake 18-20 minutes until golden brown and puffed, turning ½ way through bake time. **Convection Oven:** Preheat oven to 350°F. Spray cooking sheet and both sides of pierogies with non-stick cook spray. Bake 16-18 minutes until golden brown and puffed. For best results turn pasta turn ½ way through bake time. **Deep Fry:** Preheat oil to 350°F. Place frozen pasta in oil for 4 minutes until nicely browned and float. **Steamed:** Place a bag of frozen pasta in a slotted or solid pan, steam for 10-12 minutes. When steaming a full unit allow an additional 10-12 minutes ...

# Nutrition Facts

96 Servings per container

**Serving Size** **3 pc.**

**Amount Per Serving**  
**Calories** **220**

% Daily Value\*

**Total Fat** 7 g **11%**

Saturated Fat 4 g **20%**

Trans Fat 0 g

**Cholesterol** 10 mg **3%**

**Sodium** 410 mg **17%**

**Total Carbohydrates** 31 g **15%**

Dietary Fiber 3 g **12%**

Total Sugars 0 g

Includes Added Sugars %

**Protein** 10 g

Vitamin D %

Calcium 10%

Iron 10%

Potassium %

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## INGREDIENTS



Ingredients: Water, Whole Wheat and Enriched Durum Flours (Whole Wheat Flour, Durum Flour, Niacin, Ferrous Sulfate (Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid), Process American Cheese (Cheese [pasteurized milk, cultured milk, skim milk, cheese cultures, salt, enzymes, calcium chloride], Water, Cream, Sodium Citrate or Sodium Phosphate [emulsifier], Milk Fat, Salt, Sorbic Acid, Acetic Acid or Lactic Acid [preservative], Artificial Color or Annatto [color]), Dehydrated Potatoes (Potatoes, Mono & Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Dry Whole Eggs, Soy Protein Isolate, Salt, Granulated Onion, Spices.