

Tio Jorge

12925 - Plantain Tostones Traditional

MIC FoodBrand- Tio JorgeProduct Information:Plantain Traditional TostonesPrecooked Frozen, IQFIIngredients: Unripe plantains, vegetable oil
Storage: 0 degreesReady to Heat and ServeGreat as an appetizer or side dish. Pairs well with meats, poultry, and fish.Gluten- FreeNo Sugar
Added100% NaturalKosherLow SodiumNo CholesterolAllergen FreeKeep frozenRequires to be fully cooked by ...



MARKETING

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PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description		
TJ020		10765744000200		20/1 LB		
Brand	Brand Owner			GPC Description		
Tio Jorge	Mercadagro International Corporation			Fruit - Prepared/Processed (Frozen)		
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
21 LBR	20 LBR	No	Honduras	Yes	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.5 INH	11.6 INH	7.6 INH	0.79 FTQ	10x08	700 Days	-5 FAH / -2.5 FAH
Traceability Regulation						
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
N/A		N/A	N/A		N/A	

HANDLING SUGGESTIONS

Keep frozen.-----

- ALLERGENS
- C = 'Contains' ; MC = 'May Contain' ; N = 'Free From' ; UN = 'Undeclared' ;
INII = 'Intentionally nor Inherently Included' ; 50 = 'Derived from Ingredients'
; 60 = 'Not Derived From Ingredients' ; NI = 'No Info'
- Milk - N

Eggs - N

Soybean - N

Wheat - N

Sesame - N

Molluscs - N

Peanuts - N

Tree - N

Fish - N

Shellfish - N

Crustaceans - N

Nutrition Facts

5 Servings per container	
Serving Size	2.0 PC
Amount Per Serving	
Calories	170
% Daily Value*	
Total Fat 2.5 g	3%
Saturated Fat 0.5 g	2%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrates 36 g	13%
Dietary Fiber 2 g	8%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 1 g	
Vitamin D 0.6 mcg	0%
Calcium 0 mg	0%
Iron 0.5 mg	3%
Potassium 440 mg	9%
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS

Unripe plantains, vegetable oil

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PREPARATION & COOKING SUGGESTIONS



Deep Fry: Preheat enough oil at 350-360 degrees F (176-182 degrees C) to cover plantain tostones. Do not overload basket and carefully lower basket into hot oil. Fry 3 to 4 minutes or until golden yellow. Drain on paper towel. Add salt to taste. Fry from frozen, do not thaw.

SERVING SUGGESTIONS



Serve as an appetizer or with a main course. Great pairing for meat, poultry and fish.Keep frozen until ready to heat and serve.

MORE INFORMATION

