632599 - 1/10 LB Crunchy Breaded Haddock Squares 4 oz, MSC

High Liner Foodservice Crunchy Breaded Haddock Squares feature wild caught premium Haddock portions coated in a signature seasoned breading to excite any taste preference. These portions quickly deep-fry from frozen to extra crunchy perfection, preserving the slightly sweet, creamy flakiness of this species. An excellent value with superior consistency and plate appeal for a va...





MARKETING

Nutrition Facts

40 Servings per container

Serving Size 1 Portion 112a)

Amount Per Serving Calories

	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 35 mg	12%

14% Sodium 330 mg 9% **Total Carbohydrates** 25 g Dietary Fiber 0 g 0%

Total Sugars 1 g

Includes 1 g Added Sugars 1% Protein 14 a

Fiotenii 14 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.8 mg	4%
Potassium 230 mg	4%

The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10022627	632599	00079149226275	2/5 LB

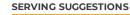
Brand	Brand Owner	GPC Description		
High Liner Foodservice	High Liner Foods Inc.	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
11 LBR	10.0 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.8125 INH	7.8125 INH	8.625 INH	0.6166 FTQ	15x5	540 Days	-10 FAH / 0 FAH

ALLERGENS









C = 'Contains', MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

(例)Milk - N

(%) Peanuts - N

(n) Eggs - N

(1) Tree Nuts - N

(🗞) Soy - N

Fish - C

(M) Shellfish - NI

(Wheat - C (%) Sesame - N

Keep Frozen

Ideal for crispy fish sandwiches or baskets. Pairs well with coleslaw and fries, traditional seafood sauces or your own complementary sauce recipes.

INGREDIENTS



HADDOCK, BLEACHED WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WHITE CORN FLOUR, NATURAL FLAVOR, SUGAR, CANOLA OIL, SALT, SPICES, YEAST, GARLIC POWDER, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), PAPRIKA EXTRACT (COLOR). CONTAINS: FISH (HADDOCK), WHEAT

HANDLING SUGGESTIONS



PREPARATION & COOKING SUGGESTIONS

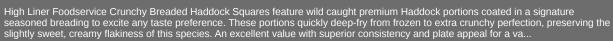


COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 5 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

MORE INFORMATION



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NUTRITIONAL ANALYSIS

Calories	170
Protein	14 g
Total Carbohydrates	25 g
Sugars	1 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	1 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	35 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	330 mg
Calcium	0 mg
Iron	0.8 mg
Potassium	230 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES







