### **High Liner Foodservice**

PRODUCT SPECIFICATIONS

### 632599 - 10 Lb (4.54 kg) Crunchy Breaded Haddock Squares 4 oz,...

High Liner Foodservice Crunchy Breaded Haddock Squares feature wild caught premium Haddock portions coated in a signature seasoned breading to excite any taste preference. These portions quickly deep-fry from frozen to extra crunchy perfection, preserving the slightly sweet, creamy flakiness of this species. An excellent value with superior consistency and plate appeal for a va...



MARKETING

Q

# **Nutrition Facts**

Serving Size 1 Po	rtion 112g)
Amount Per Serving Calories	170
	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
<i>Trans</i> Fat 0 g	
Cholesterol 35 mg	12%
Sodium 330 mg	14%
Total Carbohydrates 25 g	9%
Dietary Fiber 0 g	0%
Total Sugars 1 g	
Includes 1 g Added Sugars	1%
<b>Protein</b> 14 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.8 mg	4%
Potassium 230 mg	4%

Code	Dist Prod Code				GTIN				Calculated Pack		
10022627		632599			00079149226275				2 x 5#		
Brand			Brand Owner				GPC Description				
High Liner Foodservice			High Liner Foods Inc.			Fish - Prepared/Processed (Frozen)					
Gross Weigh	nt Net Weig	ght Case/Catc		Catch \	Veight	ight Country Of Origi		in	Kosher	Child Nutrition	
11 LBR	10.0 LB	R	No United States			Undeclared	No				
Shipping											
Length	Width	Height Vo		Volu	me	TIxHI	Shelf Life		Storage Temp From/To		
15.8125 INH	7.8125 INH	8.62	25 INH	0.6166	FTQ	15x5	540 Days	-10 FAH / 0 FAH		AH / 0 FAH	
Traceability Regulation											
Regulation Type Code			egulatory Tra Act			rade Item Regulation Compliant		Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION			FSMA204		TRUE			N/A			

### HANDLING SUGGESTIONS

Keep Frozen

### ALLERGENS

( Wheat - C

E

C

 $\begin{array}{l} C = {\rm 'Contains'} \, ; \, MC = {\rm 'May \ Contain'} \, ; \, N = {\rm 'Free \ From'} \, ; \, UN = {\rm 'Undeclared'} \, ; \\ 30 = {\rm 'Free \ From \ Not \ Tested'; \ 50 = {\rm 'Derived \ from \ Ingredients'} \, ; \ 60 = {\rm 'Not \ Derived \ From \ Ingredients'} \, ; \ NI = {\rm 'No \ Info'} \end{array}$ 

🜔 Milk - N	🕥 Peanuts - N
🔘 Eggs - N	(i) Tree - N
🛞 Soybean - N	🔊 Fish - C

() Shellfish - NI

( Sesame - N (!) Crustaceans - N

### INGREDIENTS

HADDOCK, BLEACHED WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, CONTAINS 2% OR LESS OF: WHITE CORN FLOUR, NATURAL FLAVOR, SUGAR, CANOLA OIL, SALT, SPICES, YEAST, GARLIC POWDER, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), PAPRIKA EXTRACT (COLOR). CONTAINS: FISH (HADDOCK), WHEAT

## 632599 - 10 Lb (4.54 kg) Crunchy Breaded Haddock Squares 4 oz,...

High Liner Foodservice Crunchy Breaded Haddock Squares feature wild caught premium Haddock portions coated in a signature seasoned breading to excite any taste preference. These portions quickly deep-fry from frozen to extra crunchy perfection, preserving the slightly sweet, creamy flakiness of this species. An excellent value with superior consistency and plate appeal for a va...

Ō

MORE INFORMATION

### PREPARATION & COOKING SUGGESTIONS

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 5 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

### SERVING SUGGESTIONS

Ideal for crispy fish sandwiches or baskets. Pairs well with coleslaw and fries, traditional seafood sauces or your own complementary sauce recipes.

### NUTRITIONAL ANALYSIS

Calories	170	Total Fat	0.5 g	Sodium	330 mg
Protein	14 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	25 g	Saturated Fat	0 g	Iron	0.8 mg
Sugars	1 g	Added Sugars	1 g	Potassium	230 mg
Dietary Fiber	0 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	35 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

### NUTRITIONAL CLAIMS

#### MORE IMAGES







[O]

(+)

F