

La Choy

763187 - Asian Stir-Fry Vegetables, 32 oz

Add quick visual appeal to all your dishes with our Asian Stir-Fry Vegetables.



MARKETING



Nutrition Facts

10 Servings per container	
Serving Size	1/2 cup (91g)
Amount Per Serving	
Calories	30
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 25 mg	1%
Total Carbohydrates 6 g	2%
Dietary Fiber 2 g	7%
Total Sugars 2 g	
Includes Added Sugars	%

Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 0 mg	0%
Iron 0.4 mg	2%
Potassium 190 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
2700053983		763187		00027000539835		6 x 32 ONZ	
Brand	Brand Owner			GPC Description			
La Choy	Conagra Brands Inc			Vegetables - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
2.083 LBR	2 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
8 INH	10 INH	1.5 INH	0.069 FTQ	x	540 Days	0 FAH / 20 FAH	
Traceability Regulation							
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors	
N/A		N/A	N/A			N/A	

HANDLING SUGGESTIONS



Follow storage and usage instructions as printed on consumer packaging.

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - NI
- Eggs - NI
- Soybean - NI
- Wheat - NI
- Sesame - NI
- Peanuts - NI
- Tree - NI
- Fish - NI
- Shellfish - NI

INGREDIENTS



Broccoli, Carrots, Red Bell Peppers, Water Chestnuts, Sugar Snap Peas, Mushrooms

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PREPARATION & COOKING SUGGESTIONS

Please follow preparation instructions as printed on the consumer packaging.

SERVING SUGGESTIONS

Follow serving suggestions as printed on the packaging.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	30	Total Fat	0	Sodium	25 mg
Protein	1 g	Trans Fat	0 g	Calcium	0 mg
Total Carbohydrates	6 g	Saturated Fat	0 g	Iron	0.4 mg
Sugars	2 g	Added Sugars		Potassium	190 mg
Dietary Fiber	2 g	Polyunsaturated Fat	0 g	Zinc	
Lactose		Monounsaturated Fat	0 g	Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)		Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

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