



### MARKETING

Rugen Fisch Smoked Herring Fillets with Pepper in brine and own juice, canned ready to eat shelf stable fish product, product of Germany, good source of omega-3 fatty acids and protein

## Nutrition Facts

2 Servings per container  
**Serving Size** 1/2 can drained

**Amount Per Serving**  
**Calories** **120**

	% Daily Value*
<b>Total Fat</b> 8 g	<b>10%</b>
Saturated Fat 1.5 g	<b>7%</b>
Trans Fat 0 g	
<b>Cholesterol</b> 50 mg	<b>17%</b>
<b>Sodium</b> 180 mg	<b>8%</b>
<b>Total Carbohydrates</b> 1 g	<b>0%</b>
Dietary Fiber 0 g	<b>0%</b>
Total Sugars 0 g	
Includes 0 g Added Sugars	<b>0%</b>

<b>Protein</b> 10 g	
Vitamin D 15.6 mcg	80%
Calcium 40 mg	4%
Iron 0.6 mg	4%
Potassium 190 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	GTIN	Pack Description				
13008	00639138547667	32/7.05 OZ				
Brand	Brand Owner	GPC Description				
Rugen Fisch	Brooklyn Imports	Shellfish Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
17.6 LBR	14.4 LBR	No	Germany	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12 INH	7 INH	7 INH	0.34 FTQ	22x07	830 Days	60 FAH / 77 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

### HANDLING SUGGESTIONS

Shelf Stable Pantry Item---UNIT UPC:  
 639138547660---

### ALLERGENS

**C** = 'Contains'; **MC** = 'May Contain'; **N** = 'Free From'; **UN** = 'Undeclared'; **NI** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients'; **60** = 'Not Derived From Ingredients'; **NI** = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - C
- Shellfish - N
- Crustaceans - N

### INGREDIENTS

Herring Fillets (Clupea Harengus), water, pepper, paprika, salt, sugar, dextrose, beechwood smoke. Contains: fish (herring)

Rugen Fisch

## 130080 - Smoked Herring Fillets with Pepper

Rugen Fisch Smoked Herring Fillets with Pepper in brine and own juice



### PREPARATION & COOKING SUGGESTIONS

Ready to Eat

### SERVING SUGGESTIONS

Ready to Eat Product, Open and eat alone, over fish, or on crackers / Flat bread

### MORE INFORMATION