

227572 - Upstate Farms Raspberry Nonfat Blended Yogurt 4oz

The only national yogurt brand on the market produced with a 90-day shelf life, drastically reducing code-date issues. Excellent source of calcium. Offers a smooth, delicious flavor without the tart aftertaste common in many other yogurts. Made with real fruit, and sweetened with real sugar, no HFCS, artificial colors or flavors or gelatin. 4oz. serving = one Meat Alternate.



MARKETING

Gluten Free. Contains live and active cultures. Certified Kosher

Nutrition Facts

1 Servings per container	
Serving Size	4oz
Amount Per Serving	
Calories	90
% Daily Value*	
Total Fat 0	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 5 mg	1%
Sodium 55 mg	2%
Total Carbohydrates 19 g	7%
Dietary Fiber 0 g	0%
Total Sugars 14 g	
Includes 10 g Added Sugars	20%
Protein 3 g	
Vitamin D 4 mcg	20%
Calcium 290 mg	20%
Iron 0 mg	0%
Potassium 160 mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
9817	227572	10078800112916	48/4oz UPFARM RASP

Brand	Brand Owner	GPC Description
Upstate Farms	Upstate Niagara Cooperative, Inc.	Yogurt (Perishable)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
13.5 LBR	12.96 LBR	No	United States	Undeclared	No

Shipping						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
13.19 INH	9.94 INH	7.19 INH	875.88 INQ	14x8	90 Days	34 FAH / 40 FAH

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Peanuts - N
- Eggs - N
- Tree Nuts - N
- Soy - N
- Fish - N
- Wheat - N
- Shellfish - N
- Sesame - N

SERVING SUGGESTIONS

Ready to eat as is or delicious when mixed with fruit or granola.

INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Modified Corn Starch, Raspberries, Whey, Purple Carrot Juice Concentrate (for color), Tricalcium Phosphate (for freshness), Gellan Gum, Potassium Sorbate (for freshness), Citric Acid, Lemon Juice Concentrate, Natural Flavors, Locust Bean Gum, Vitamin D3

HANDLING SUGGESTIONS

Keep refrigerated. DO NOT FREEZE.

PREPARATION & COOKING SUGGESTIONS

Keep refrigerated until ready to serve.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



Calories	90
Protein	3 g
Total Carbohydrates	19 g
Sugars	14 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	10 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	5 mg
Vitamin D	4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	55 mg
Calcium	290 mg
Iron	0 mg
Potassium	160 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS



KOSHER	YES
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FREE_FROM_GLUTEN	YES
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MORE IMAGES

