

163441 - Quinoa Tri-Color



INTERNATIONAL FOODSOURCE, LLC. INGREDIENTS: QUINOA TRI COLOR. KOSHER; VEGAN; VEGETARIAN; NON-GMO; GLUTEN FREE. THE TASTE, TEXTURE AND COLOR IS TYPICAL OF QUINOA. QUINOA IS GREAT IN SALADS AS A TOPPER. IT CAN ALSO BE USED IN SOUPS OR STEWS FOR TEXTURE. THEY CAN ALSO BE USED AS A BASE FOR GRAIN BOWLS!! QUINOA IS A GREAT SUPER FOOD THAT IS HIGH IN PROTEIN AND FIBER!



MARKETING

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Nutrition Facts

100 Servings per container

Serving Size **45.0 GR**

Amount Per Serving

Calories **180**

% Daily Value*

Total Fat 3 g	5%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 65 mg	3%
Total Carbohydrates 32 g	11%
Dietary Fiber 5 g	20%
Total Sugars 2 g	
Includes 0 g Added Sugars	0%
Protein 6 g	

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 2.1 mg 10%

Potassium 300 mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		GTIN		Pack Description			
23290		00790429232907		1/10 LB			
Brand		Brand Owner		GPC Description			
Culinary Masters		Culinary Masters		Nuts/Seeds - Prepared/Processed (Out of Shell)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
10.45 LBR	10 LBR	No	Peru	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To	
12.3 INH	10.2 INH	5.6 INH	0.41 FTQ	21x10	454 Days	60 FAH / 77 FAH	
Traceability Regulation							
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors			
N/A	N/A	N/A		N/A			

HANDLING SUGGESTIONS

COOL, DRY PLACE ---UNIT UPC: 790429232907--

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - MC
- Eggs - MC
- Soybean - MC
- Wheat - MC
- Sesame - N
- Molluscs - N
- Peanuts - MC
- Tree - MC
- Fish - N
- Shellfish - N
- Crustaceans - N

INGREDIENTS

RED, WHITE, AND BLACK QUINOA.

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PREPARATION & COOKING SUGGESTIONS

UNPACK, BOIL AND ADD TO FAVORITE RECIPES

SERVING SUGGESTIONS

1/8 CUP. UNPACK, BOIL AND ADD

MORE INFORMATION