

10/6 LB Crunchy Raw Breaded Cod Rectangles, 32 - 3 oz, Kosher

Quick and easy to prepare, High Liner Foodservice Crunchy Breaded Cod Rectangles feature tender, wild caught premium High Liner Foodservice Cod portions with specially seasoned breading. This creates the perfect combination of an extra crunchiness and natural moist flakiness and mild flavor of this species. Each goes from frozen to fryer to plate in minutes.

Product Last Saved Date: 20 October 2025

Nutrition Facts

32 Servings per container

Serving Size 1 Portion (84g)

Amount Per Serving

Calories	130
	% Daily Value*
Total Fat 0.5 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 20 mg	7%
Sodium 240 mg	10%
Total Carbohydrates 18 g	7%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 11 g	
Vitamin D 0.5 mcg	2%
Calcium 0 mg	0%
Iron 0.7 mg	4%
Potassium 240 mg	6%

Product Specifications :					
Code	GTIN	Type Of Catch			
10002800	10073538028003	WILD			

Brand	GPC Description		
High Liner Foodservice	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
66 LBR	60.0 LBR	N/A	Yes	No

Shipping Information						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
17.1968 INH	11.8219 INH	17.0187 INH	2.0022 FTQ	9x2	540 Days	-10 FAH / 0 FAH

Ingredients:

COD, BLEACHED WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE ${\tt MONONITRATE, RIBOFLAVIN, FOLIC\ ACID),\ MODIFIED\ CORN\ STARCH,\ CONTAINS\ 2\%\ OR\ LESS\ OF:\ WHITE\ CORN\ FLOUR,}$ NATURAL FLAVOR, SUGAR, CANOLA OIL, SALT, SPICES, YEAST, GARLIC POWDER, ONION POWDER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), PAPRIKA EXTRACT (COLOR). CONTAINS: FISH (COD), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):					
Eggs - 30	Milk - 30	Soy - 30			
Fish - C	Wheat - C	TreeNuts - 30			
Peanuts - 30	Crustacean - 30	Sesame - 30			

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for about 3 $\frac{1}{2}$ - 4 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

Species / Scientific Name:

Atlantic Cod - Gadus morhua, Pacific Cod - Gadus macrocephalus

Serving Suggestions:

Ideal as a center of the plate entrée, for higher-end sandwiches or fish baskets. Pairs well with a variety of complementary sauces and sides.

Claims & Child Nutrition:

BAP Certified:

MSC Certified:

Has CN Statement: No

CN Statement:









Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

Page 1 of 1

Printed on 31 October 2025 Powered by Syndigo LLC - http://www.syndigo.com