

# High Liner Foodservice, 4.54 kg / 10 lb, English Style Battered Pollock Fillets

High Liner Foodservice English Style Battered Pollock Fillets feature moist, flaky wild caught Alaska Pollock coated in a light, crispy English-style batter. Each fillet easily deep-fries to a scrumptious golden outer crust, perfectly preserving our premium Pollock's unique flavour and moist, flaky texture inside. These natural looking fillets make an excellent budget-friendly menu option with exceptional plate coverage and higher-end appeal.

Product Last Saved Date: 04 June 2025



FOODSERVICE™

## **Nutrition Facts**

Servings per container

Serving Size Per 1 fillet (93 g)

Amount Per Serving

200

Calories	200
	% Daily Value*
Total Fat 12 g	16%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 30 mg	%
Sodium 450 mg	20%
Total Carbohydrates 14 g	%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes Added Sugars	%
Protein 10 g	
Vitamin D	%
Calcium 20 mg	2%
Iron 1 mg	6%
Potassium 175 mg	4%

Product Specifications :					
Code	GTIN	Type Of Catch			
1089732 00059111897320					

Brand	GPC Description		
High Liner Foodservice	Fish - Prepared/Processed (Frozen)		

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
4.94 KGM			Undeclared	No

Shipping Information						
Length Width Height		Volume	TIxHI	Shelf Life	Storage Temp From/To	
37.3 CMT	27.5 CMT	14.8 CMT	0.0152 MTQ	11x11	540 Days	

#### Ingredients:

Pollock, Water, Canola oil, Flour (wheat, corn), Toasted wheat crumbs, Modified corn starch, Wheat starch, Salt, Sugars (maltodextrin, dextrin, dextrose), Soy protein, Modified palm oil, Baking powder, Flavour, Modified cellulose, Seasonings (yeast extract, spices), Guar flour, Annatto. Contains: Pollock (fish), Wheat, Soy, Milk.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):				
Eggs - NI	Milk - NI	Soy - NI		
Fish - NI	Wheat - NI	TreeNuts - NI		
Peanuts - NI	Crustacean - NI	Sesame - NI		

#### Prep & Cooking Suggestions:

KEEP FROZEN UNTIL USED. DO NOT REFREEZE IF THAWED. DEEP FRY: IMMERSE FROZEN FILLETS IN PREHEATED 350°F/180°C OIL FOR ABOUT 4-6 MIN OR UNTIL GOLDEN BROWN. NOTE: SINCE APPLIANCES VARY, THESE INSTRUCTIONS ARE GUIDELINES ONLY. COOK UNTIL A MINIMUM INTERNAL TEMPERATURE OF 158°F/70°C IS REACHED.

#### Serving Suggestions:

Try these English Style Fillets with chili and garlic charred broccoli. Serve with a side of tartar sauce.

### Species / Scientific Name:

#### Claims & Child Nutrition:

BAP Certified:

MSC Certified: Yes Has CN Statement: No

CN Statement:







Information subject to change without notice at the discretion of High Liner Foods (USA) http://www.highlinerfoods.com

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