

568108 - Naturally Flavored Apple Cinnamon Muffin(s) With Othe...

A fully baked 4 oz cake-like apple cinnamon muffin that is ready to thaw and serve. Delicious Essentials Muffins come in popular flavors that are individually wrapped. They are made to meet whole grain rich school requirements without sacrificing taste.



MARKETING

Certified Kosher Dairy. Can be sold to schools. Whole Grains Council Stamp: 50%+ stamp. 23 grams or more per serving. No High Fructose Corn Syrup. Minimum 50% total grains as whole grain. 0g Trans Fat per muffin.

Nutrition Facts

|                            |          |
|----------------------------|----------|
| 1 Servings per container   |          |
| Serving Size               | 1 MUFFIN |
| Amount Per Serving         |          |
| Calories                   | 380      |
| % Daily Value*             |          |
| Total Fat 12 g             | 15%      |
| Saturated Fat 4 g          | 20%      |
| Trans Fat 0 g              |          |
| Cholesterol 80 mg          | 27%      |
| Sodium 260 mg              | 11%      |
| Total Carbohydrates 60 g   | 22%      |
| Dietary Fiber 5 g          | 18%      |
| Total Sugars 32 g          |          |
| Includes 31 g Added Sugars | 62%      |

|                   |     |
|-------------------|-----|
| Protein 7 g       |     |
| Vitamin D 0.4 mcg | 2%  |
| Calcium 50 mg     | 4%  |
| Iron 1.9 mg       | 10% |
| Potassium 270 mg  | 6%  |

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

| Code  | Dist Prod Code | GTIN           | Calculated Pack |
|-------|----------------|----------------|-----------------|
| 10150 | 568108         | 10013087101505 | 48/4 oz         |

| Brand           | Brand Owner     | GPC Description   |
|-----------------|-----------------|-------------------|
| Otis Spunkmeyer | ASPIRE BAKERIES | Desserts (Frozen) |

| Gross Weight | Net Weight | Case/Catch Weight | Country Of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|-------------------|--------|-----------------|
| 14.130 LBR   | 12.000 LBR | No                | United States     | Yes    | No              |

| Shipping   |            |            |            |       |            |                      |
|------------|------------|------------|------------|-------|------------|----------------------|
| Length     | Width      | Height     | Volume     | TlxHl | Shelf Life | Storage Temp From/To |
| 15.188 INH | 11.563 INH | 11.875 INH | 1.2069 FTQ | 10x7  | 365 Days   | -10 FAH / 10 FAH     |

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - C
- Tree Nuts - 30
- Soy - C
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30

SERVING SUGGESTIONS

1, 4oz Delicious Essentials® muffin = 2 Creditable Grain Ounce Equivalents

INGREDIENTS

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, WHEAT GLUTEN, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, OAT FIBER, MONO- AND DIGLYCERIDES, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MODIFIED CORN STARCH, CINNAMON, POTASSIUM SORBATE (PRESERVATIVE), NATURAL FLAVORS, SALT, SOY LECITHIN, CARAMEL COLOR, ENZYME (WHEAT).CONTAINS: EGGS, SOY, WHEAT.

HANDLING SUGGESTIONS

Each muffin is individually wrapped (IW) in film that is fully labeled for retail sale. 12 IW muffins are packed per blank tray. 4 trays are packed per master shipping case for a total of 48 muffins per case. Keep Frozen; Shelf Life After Bake: Not applicable; Shelf Life After Defrost: 21 days unopened; After Defrost Storage Type: Ambient

PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

MORE INFORMATION

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NUTRITIONAL ANALYSIS



|                     |      |
|---------------------|------|
| Calories            | 380  |
| Protein             | 7 g  |
| Total Carbohydrates | 60 g |
| Sugars              | 32 g |
| Dietary Fiber       | 5 g  |
| Lactose             |      |
| Sucrose             |      |
| Vitamin A (IU)      |      |
| Vitamin A (RE)      |      |
| Vitamin C           |      |
| Magnesium           |      |
| Monosodium          |      |

|                     |         |
|---------------------|---------|
| Total Fat           | 12 g    |
| Trans Fat           | 0 g     |
| Saturated Fat       | 4 g     |
| Added Sugars        | 31 g    |
| Polyunsaturated Fat |         |
| Monounsaturated Fat |         |
| Cholesterol         | 80 mg   |
| Vitamin D           | 0.4 mcg |
| Vitamin E           |         |
| Folate              |         |
| Vitamin B-6         |         |
| Sulphites           |         |

|              |        |
|--------------|--------|
| Sodium       | 260 mg |
| Calcium      | 50 mg  |
| Iron         | 1.9 mg |
| Potassium    | 270 mg |
| Zinc         |        |
| Phosphorus   |        |
|              |        |
| Thiamin      |        |
| Niacin       |        |
| Riboflavin   |        |
| Vitamin B-12 |        |
| Nitrates     |        |

NUTRITIONAL CLAIMS



|        |     |
|--------|-----|
| KOSHER | YES |
|--------|-----|

MORE IMAGES

