

568108 - Naturally Flavored Apple Cinnamon Muffin(s) With Othe...

A fully baked 4 oz cake-like apple cinnamon muffin that is ready to thaw and serve. Delicious Essentials Muffins come in popular flavors that are individually wrapped. They are made to meet whole grain rich school requirements without sacrificing taste.



MARKETING

Certified Kosher Dairy. Can be sold to schools. Whole Grains Council Stamp: 50%+ stamp. 23 grams or more per serving. No High Fructose Corn Syrup. Minimum 50% total grains as whole grain. 0g Trans Fat per muffin.



Nutrition Facts

1 Servings per container	
Serving Size	1 MUFFIN
Amount Per Serving	
Calories	380
% Daily Value*	
Total Fat 12 g	15%
Saturated Fat 4 g	20%
Trans Fat 0 g	
Cholesterol 80 mg	27%
Sodium 260 mg	11%
Total Carbohydrates 60 g	22%
Dietary Fiber 5 g	18%
Total Sugars 32 g	
Includes 31 g Added Sugars	62%

Protein 7 g	
Vitamin D 0.4 mcg	2%
Calcium 50 mg	4%
Iron 1.9 mg	10%
Potassium 270 mg	6%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code		Dist Prod Code		GTIN		Calculated Pack		
10150		568108		10013087101505		48/4 oz		
Brand			Brand Owner			GPC Description		
Otis Spunkmeyer			ASPIRE BAKERIES			Desserts (Frozen)		
Gross Weight		Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
14.130 LBR		12.000 LBR	No		United States		Yes	No
Shipping								
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To		
15.188 INH	11.563 INH	11.875 INH	1.2069 FTQ	10x7	365 Days	-10 FAH / 10 FAH		
Traceability Regulation								
Regulation Type Code		Regulatory Act	Trade Item Regulation Compliant			Regulation Restrictions and Descriptors		
N/A		N/A	N/A			N/A		

HANDLING SUGGESTIONS



Each muffin is individually wrapped (IW) in film that is fully labeled for retail sale. 12 IW muffins are packed per blank tray. 4 trays are packed per master shipping case for a total of 48 muffins per case. Keep Frozen; Shelf Life After Bake: Not applicable; Shelf Life After Defrost: 21 days unopened; After Defrost Storage Type: Ambient

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; 30 = 'Free From Not Tested'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - 30
- Peanuts - 30
- Eggs - C
- Tree - 30
- Soybean - C
- Fish - 30
- Wheat - C
- Shellfish - 30
- Sesame - 30
- Crustaceans - 30
- AU - 30

INGREDIENTS



INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, WHEAT GLUTEN, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, OAT FIBER, MONO- AND DIGLYCERIDES, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MODIFIED CORN STARCH, CINNAMON, POTASSIUM SORBATE (PRESERVATIVE), NATURAL FLAVORS, SALT, SOY LECITHIN, CARAMEL COLOR, ENZYME (WHEAT).CONTAINS: EGGS, SOY, WHEAT.

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PREPARATION & COOKING SUGGESTIONS

Thaw and serve. Must keep frozen until ready to use.

SERVING SUGGESTIONS

1, 4oz Delicious Essentials® muffin = 2 Creditable Grain Ounce Equivalents

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	380
Protein	7 g
Total Carbohydrates	60 g
Sugars	32 g
Dietary Fiber	5 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	12 g
Trans Fat	0 g
Saturated Fat	4 g
Added Sugars	31 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	80 mg
Vitamin D	0.4 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	260 mg
Calcium	50 mg
Iron	1.9 mg
Potassium	270 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES
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MORE IMAGES



Otis Spunkmeyer

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