

- Progresso Canned Vegetables Black Beans 15 oz

Progresso(TM) canned black beans are tender, delicious, and a good source of fiber. Our black beans are a versatile and filling staple to keep on your pantry shelf. Made with quality ingredients with no artificial flavors. Bulk packaged in 24 - 15 oz cans for retail operations.



MARKETING

Progresso(TM) canned black beans are tender, delicious, and a good source of fiber. Our black beans are a versatile and filling staple to keep on your pantry shelf. . Bulk packaged in 24 - 15 oz cans for retail operations.. Shelf stable to keep on your pantry shelf. Made with quality ingredients with no artificial flavors.

Nutrition Facts

84 Servings per container

Serving Size 1/2 Cup (130g)

Amount Per Serving
Calories **110**

% Daily Value*

Total Fat 0.5 **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 240 mg **10%**

Total Carbohydrates 26 g **9%**

Dietary Fiber 9 g **32%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 8 g

Vitamin D 0 mcg 0%

Calcium 80 mg 6%

Iron 2 mg 10%

Potassium 380 mg 8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
102122000	360032	10041196021223	24/15 OZ			
Brand	Brand Owner	GPC Description				
Progresso	GENERAL MILLS SALES INC.	Vegetables - Prepared/Processed (Shelf Stable)				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
26.700 LBR	22.500 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
12.250 INH	9.500 INH	9.250 INH	0.62300 FTQ	17x5	744 Days	32 FAH / 95 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
N/A	N/A	N/A	N/A			

HANDLING SUGGESTIONS

Keep in a dry cool place. REFRIGERATE UNUSED PORTION.

ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - INII
- Eggs - INII
- Soybean - INII
- Wheat - INII
- Sesame - INII
- Pine Nuts - INII
- Cashews - INII
- Macadamia Nuts - INII
- Coconuts - INII
- Brazil Nuts - INII
- Walnuts - INII
- X99 - UN
- Peanuts - INII
- Tree - INII
- Fish - INII
- Shellfish - NI
- Crustaceans - INII
- Almonds - INII
- Hazelnuts - INII
- Chestnuts - INII
- Pecan Nuts - INII
- Pistachios - INII
- Molluscs - INII

INGREDIENTS

SOAKED BLACK BEANS, WATER, SALT, CALCIUM CHLORIDE.

- Progresso Canned Vegetables Black Beans 15 oz

Progresso(TM) canned black beans are tender, delicious, and a good source of fiber. Our black beans are a versatile and filling staple to keep on your pantry shelf. Made with quality ingredients with no artificial flavors. Bulk packaged in 24 - 15 oz cans for retail operations.

PREPARATION & COOKING SUGGESTIONS

Ready to eat or use in recipes

SERVING SUGGESTIONS

Serve as is

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	110
Protein	8 g
Total Carbohydrates	26 g
Sugars	0 g
Dietary Fiber	9 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	0.5
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	80 mg
Iron	2 mg
Potassium	380 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

ENERGY	SOURCE_OF	SATURATED_FAT	LOW	FIBRE	EXCELLENT_SOURCE_OF
MSG	FREE_FROM	PARTIALLY_HYDROGENATED_VEGETABLE_OIL	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
TRANS_FAT	FREE_FROM	CHOLESTEROL	LOW	IRON	GOOD_SOURCE_OF
FAT	LOW	ARTIFICIAL_FLAVOUR	FREE_FROM	FIBRE	GOOD_SOURCE_OF
ARTIFICIAL_PRESERVATIVES	FREE_FROM	CHOLESTEROL	FREE_FROM	ARTIFICIAL_SWEETENERS	FREE_FROM
VEGAN	YES	VEGETARIAN	YES	PLANT_BASED	YES

MORE IMAGES

