

# - Fully Cooked Southern Fried Seasoned Breaded Chicken Breast...

Sized breast are marinated, coated with a fried chicken seasoned flour, par fried for crispiness, fully cooked and individually quick frozen sealing in all the back-of-the-house appeal.



### MARKETING

Portioned controlled to help control serving size and plating cost.. Marinated to ensure juiciness longer. Perfect for carry out applications. Cook directly from the freezer. Fully cooked convenience and safety.

## Nutrition Facts

40 Servings per container

**Serving Size** 1 Fillet (113g)

**Amount Per Serving**  
**Calories** **230**

% Daily Value\*

**Total Fat** 9 **12%**

Saturated Fat 1.5 g **8%**

Trans Fat 0 g

**Cholesterol** 50 mg **17%**

**Sodium** 860 mg **37%**

**Total Carbohydrates** 19 g **7%**

Dietary Fiber 1 g **2%**

Total Sugars 0 g

Includes 0 g Added Sugars **%**

**Protein** 17 g

Vitamin D 0 mcg **%**

Calcium 9 mg **%**

Iron 1 mg **6%**

Potassium 281 mcg **6%**

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack			
86861	222206	00045421868617	2/5 lbs			
Brand	Brand Owner	GPC Description				
Koch Foods	Koch Foods Inc.	Chicken - Prepared/Processed				
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
11 LBR	10 LBR	No	United States	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15 INH	9.375 INH	7 INH	0.57 FTQ	13x11	365 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

### HANDLING SUGGESTIONS

Store Frozen 10 degrees or below

### ALLERGENS

C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - C
- Eggs - C
- Soybean - NI
- Wheat - C
- Sesame - NI
- Peanuts - NI
- Tree - NI
- Fish - NI
- Shellfish - NI

### INGREDIENTS

Chicken breast meat with rib meat, water, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), bleached wheat flour, modified corn starch, enriched bleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of salt, sodium phosphates, soybean oil, modified food starch, wheat gluten, spices, leavening (sodium bicarbonate), dextrose, dried whey, malt syrup (malted barley, corn), yeast, spice extractives, extractives of paprika, dried garlic, dried onion, disodium inosinate, disodium guanylate, egg whites.

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## PREPARATION & COOKING SUGGESTIONS

Convection Oven: 400F, 15-20 Minutes, Turn Once  
 Deep Fry: 375 degrees 4-5 minutes Oven: 400F, 20 - 30 Minutes, Turn Once

## SERVING SUGGESTIONS

Breaded fillets are versatile and perfect for center-of-the-plate entrées, sandwiches, sliced for salads and wraps.

## MORE INFORMATION

E-mail : [info@kochfoods.com](mailto:info@kochfoods.com)

## NUTRITIONAL ANALYSIS

Calories	210
Protein	15 g
Total Carbohydrates	17 g
Sugars	0 g
Dietary Fiber	0.6 g
Lactose	
Sucrose	
Vitamin A (IU)	34.1 34.1 iu
Vitamin A (RE)	34.1
Vitamin C	1.3 mg
Magnesium	17.16 mg
Monosodium	

Total Fat	8
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	0 g
Polyunsaturated Fat	4.22 g
Monounsaturated Fat	2.28 g
Cholesterol	45 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	0.49 mg
Sulphites	

Sodium	760 mg
Calcium	8 mg
Iron	1 mg
Potassium	248 mg
Zinc	0.41 mg
Phosphorus	279.85 mg
Thiamin	0.06 mg
Niacin	5.82 mg
Riboflavin	0.11 mg
Vitamin B-12	0.13 mcg
Nitrates	

## NUTRITIONAL CLAIMS

## MORE IMAGES

