

- Simplot Simple Goodness Premium Vegetables Parisian Carrots...

Eye-catching color and shape; Uniform sizing for even cooking; Consistent year-round quality and pricing; Individually quick frozen for easy portioning and less waste



MARKETING



PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
10071179737339		221773		10071179737339		6/2.5#	
Brand		Brand Owner		GPC Description			
Simplot Simple Goodness™		Simplot Global Food, LLC		Vegetables - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition		
16.5 LBR	15 LBR	No	Belgium	Undeclared	No		
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
15.729 INH	11.595 INH	5.355 INH	0.5652 FTQ	12x13	730 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors				
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL				

Nutrition Facts

14 Servings per container

Serving Size 2/3 cup (83g)

Amount Per Serving
Calories **35**

% Daily Value*

Total Fat 0 g **0%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol 0 mg **0%**

Sodium 35 mg **2%**

Total Carbohydrates 8 g **3%**

Dietary Fiber 3 g **11%**

Total Sugars 4 g

Includes 0 g Added Sugars **0%**

Protein 1 g

Vitamin D 0 mcg 0%

Calcium 27 mg 2%

Iron 0 mg 0%

Potassium 195 mg 4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

Milk - N Peanuts - N

Eggs - N Tree - N

Soybean - N Fish - N

Wheat - N Shellfish - NI

Sesame - N Crustaceans - N

Molluscs - N

INGREDIENTS



CARROTS.

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté **STOVE TOP 1.** Bring 5 quarts of water to a boil on HIGH. **2.** Add one bag of frozen vegetables and cook for 10 minutes, stirring as needed.

SERVING SUGGESTIONS

This uniquely shaped carrot variety is ideal for an upscale side dish. Make your own signature blends such as combining with roasted Brussels sprouts. Mix in rice or pasta and rotate in your vegetarian menu offerings.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	35
Protein	1 g
Total Carbohydrates	8 g
Sugars	4 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	4 mg
Magnesium	
Monosodium	

Total Fat	0 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	35 mg
Calcium	27 mg
Iron	0 mg
Potassium	195 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	FREE_FROM	TRANS_FAT	FREE_FROM
VEGAN	YES	VEGETARIAN	YES		

MORE IMAGES



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