

# - Simplot Simple Goodness Fruit Blueberries 1/20lb

Perfect for baking;Ready to use, no washing;Consistent year-round quality and pricing;100% useable, no trim loss or waste;Individually quick frozen pack for easy, convenient portioning



## MARKETING



## Nutrition Facts

65 Servings per container

**Serving Size** 1 cup (140g)

**Amount Per Serving**  
**Calories** 80

% Daily Value\*

**Total Fat** 1 g 1%

Saturated Fat 0 g 0%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 0 mg 0%

**Total Carbohydrates** 17 g 6%

Dietary Fiber 4 g 14%

Total Sugars 12 g

Includes 0 g Added Sugars 0%

**Protein** 1 g

Vitamin D 0 mcg 0%

Calcium 0 mg 0%

Iron 0 mg 0%

Potassium 0 mg 0%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## PRODUCT SPECIFICATIONS



Code	Dist Prod Code	GTIN	Calculated Pack			
10071179199007	221193	10071179199007	1/20#			
Brand		Brand Owner	GPC Description			
Simplot Simple Goodness™		Simplot Global Food, LLC	Fruit - Prepared/Processed (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition	
21.5 LBR	20 LBR	No	US, PE	Undeclared	No	
Shipping						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.125 INH	14.355 INH	6.525 INH	0.8741 FTQ	6x9	730 Days	-10 FAH / 10 FAH
Traceability Regulation						
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors			
TRACEABILITY_REGULATION	FSMA204	NOT_APPLICABLE	NOT_COVERED_BY_FTL			

## HANDLING SUGGESTIONS



Keep frozen 0°F or below

## ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INI = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Eggs - N
- Soybean - N
- Wheat - N
- Sesame - N
- Molluscs - N
- Peanuts - N
- Tree - N
- Fish - N
- Shellfish - NI
- Crustaceans - N

## INGREDIENTS



BLUEBERRIES.

# - Simple Goodness Fruit Blueberries 1/20lb

Perfect for baking;Ready to use, no washing;Consistent year-round quality and pricing;100% useable, no trim loss or waste;Individually quick frozen pack for easy, convenient portioning

## PREPARATION & COOKING SUGGESTIONS

Thaw and Serve THAW AND SERVE.

## SERVING SUGGESTIONS

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

## MORE INFORMATION

## NUTRITIONAL ANALYSIS

Calories	80
Protein	1 g
Total Carbohydrates	17 g
Sugars	12 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	4 mg
Magnesium	
Monosodium	

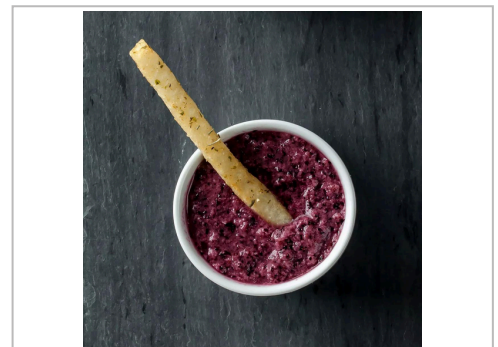
Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	0 mg
Iron	0 mg
Potassium	0 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

## NUTRITIONAL CLAIMS

FAT	LOW	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	FREE_FROM	TRANS_FAT	FREE_FROM
VEGAN	YES	VEGETARIAN	YES		

## MORE IMAGES



Simplet Simple Goodness™

## - Simplet Simple Goodness Fruit Blueberries 1/20lb

Perfect for baking; Ready to use, no washing; Consistent year-round quality and pricing; 100% useable, no trim loss or waste; Individually quick frozen pack for easy, convenient portioning



**MORE IMAGES**

