Simplot Simple Goodness™

221193 - Simplot Simple Goodness Fruit Blueberries 1/20lb

Perfect for baking;Ready to use, no washing;Consistent year-round quality and pricing;100% useable, no trim loss or waste;Individually quick frozen pack for easy, convenient portioning



MARKETING

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
10071179199007	221193	10071179199007	1/20#

Brand	Brand Owner	GPC Description
Simplot Simple Goodness™	Simplot Global Food, LLC	Fruit - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
21.5 LBR	20 LBR	No	US, PE	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
16.125 INH	14.355 INH	6.525 INH	0.8741 FTQ	6x9	730 Days	-10 FAH / 10 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
BUY_AMERICAN_PROVISION_USDA	N/A	FALSE	NOT_COVERED_BY_FTL

Nutrition Facts

65 Servings per container

Serving Size **1 cup (140g)**

Amount Per Serving

Calories **70**

% Daily Value*

Total Fat 1 g	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 0 mg	**0%**
Total Carbohydrates 17 g	**6%**
Dietary Fiber 4 g	**14%**
Total Sugars 12 g	
Includes 0 g Added Sugars	**0%**
Protein 1 g	
Vitamin D 0 mcg	0%
Calcium 10 mg	0%
Iron 0.3 mg	2%
Potassium 80 mg	2%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep frozen 0°F or below

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***INII*** *= 'Intentionally nor Inherently Included';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

BLUEBERRIES.

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PREPARATION & COOKING SUGGESTIONS

Thaw and Serve THAW AND SERVE.

SERVING SUGGESTIONS

Makes a quick and elegant topping for desserts. Great for pancakes, muffins and other baking applications. Just thaw--then serve over salads. Excellent ingredient for signature smoothies and cocktails. Versatile for breakfast, lunch and dinner applications.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	70
Protein	1 g
Total Carbohydrates	17 g
Sugars	12 g
Dietary Fiber	4 g
Lactose	
Sucrose	
Vitamin A (IU)	0
Vitamin A (RE)	0
Vitamin C	4 mg
Magnesium	
Monosodium	

Total Fat	1 g
Trans Fat	0 g
Saturated Fat	0 g
Added Sugars	0 g
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	0 mg
Vitamin D	0 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	0 mg
Calcium	10 mg
Iron	0.3 mg
Potassium	80 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	SODIUM_SALT	LOW	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	FREE_FROM	TRANS_FAT	FREE_FROM
VEGAN	YES	VEGETARIAN	YES		

MORE IMAGES







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