SUPERPRETZEL®

218922 - WG Shamrock Shaped Pretzel-2.2OZ/100

Add excitement to any menu by serving SUPERPRETZEL® Soft Pretzel 51% Whole Grain FUN SHAPES®! Each heat-and-serve soft pretzel shape combines the great taste of SUPERPRETZEL® with a unique and fun shape. Optional white salt packets included.

MARKETING

Provides various grains/breads for the Child Nutrition Program. Delivers up to 4 g fiber per pretzel, depending on size. Simply heat and serve

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
3703	218922	10073321037038	case of 100

Brand	Brand Owner	GPC Description
SUPERPRETZEL®	J&J SNACK FOODS CORP.	Dough Based Products / Meals - Not Ready to Eat - Savoury (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
15.5 LBR	14.1875 LBR	No	United States	Yes	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.875 INH	10.375 INH	13.125 INH	1.251 FTQ	12x6	365 Days	-10 FAH / 0 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

100 Servings per container

Serving Size **1 Pretzel**

Amount Per Serving

Calories **140**

	% Daily Value*
Total Fat 0.5	**1%**
Saturated Fat 0 g	**0%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 150 mg	**6%**
Total Carbohydrates 30 g	**10%**
Dietary Fiber 3 g	**12%**
Total Sugars 1 g	
Includes Added Sugars	**%**
Protein 5 g	
Vitamin D	%
Calcium 10.12 mg	2%
Iron 1.81 mg	10%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep Frozen Until Ready To Use

ALLERGENS

C *= 'Contains' ;* ***MC*** *= 'May Contain' ;* ***N*** *= 'Free From' ;* ***UN*** *= 'Undeclared' ;* ***INII*** *= 'Intentionally nor Inherently Included';* ***50*** *= 'Derived from Ingredients' ;* ***60*** *= 'Not Derived From Ingredients' ;* ***NI*** *= 'No Info'*

- Milk - N
- Peanuts - NI
- Eggs - NI
- Tree - NI
- Soybean - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI

INGREDIENTS

Whole Wheat Flour, Enriched Wheat Flour (wheat flour, malted berley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Water, Yeast, Corn Syrup, Wheat Gluten, Barley Malt, Ascorbic Acid, Bicarbonates and Carbonates of Soda.

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PREPARATION & COOKING SUGGESTIONS

Oven - Preheat to 350-400F. Lightly mist frozen soft pretzels with water, and sprinkle with salt if desired. Place salted pretzels in the oven and bake for 3-5 minutes. Microwave - Lightly mist frozen soft pretzels with water, sprinkle with salt if desired, and microwave on high for 20-40 seconds. Heating times and temperatures may vary depending upon the oven used.

SERVING SUGGESTIONS

Heat and serve.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	140	**Total Fat**	0.5	**Sodium**	150 mg
Protein	5 g	**Trans Fat**	0 g	**Calcium**	10.12 mg
Total Carbohydrates	30 g	**Saturated Fat**	0 g	**Iron**	1.81 mg
Sugars	1 g	**Added Sugars**		**Potassium**	
Dietary Fiber	3 g	**Polyunsaturated Fat**		**Zinc**	
Lactose		**Monounsaturated Fat**		**Phosphorus**	
Sucrose		**Cholesterol**	0 mg		
Vitamin A (IU)	1.76 1.76 iu	**Vitamin D**		**Thiamin**	0 mg
Vitamin A (RE)	1.76	**Vitamin E**		**Niacin**	0 mg
Vitamin C	0.88 mg	**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

KOSHER	YES