READI-BAKE BeneFIT®

218918 - BeneFit Bar Apple 2.5oz/48ct

Give kids all the benefits of great-tasting 51% Whole Grain Readi-Bake® BeneFIT® Bars. Keep kids going with two wholesome servings of grains packed with fiber and protein. These delicious chewy bars are an ideal solution for any day part providing various breads and grains under The Child Nutrition Program.



MARKETING

Made with 51% whole grains. Good source of Iron. Contains at least 3 grams of Fiber. Thaw and serve convenience. Frozen shelf life: 18 Months, refrigerated: 6 weeks, ambient: 1 week

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
40403	218918	10073321404038	case of 48

Brand	Brand Owner	GPC Description
READI-BAKE BeneFIT®	J&J SNACK FOODS CORP.	Biscuits/Cookies (Frozen)

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
8.5 LBR	7.5 LBR	No	United States	Yes	No

Shipping						
Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
12.8 INH	7.3 INH	9 INH	0.49 FTQ	20x7	540 Days	-10 FAH / 0 FAH

Traceability Regulation			
Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

48 Servings per container

Serving Size **1 bar**

Amount Per Serving

Calories **290**

	% Daily Value*
Total Fat 9 g	**12%**
Saturated Fat 3 g	**14%**
Trans Fat 0 g	
Cholesterol 15 mg	**5%**
Sodium 240 mg	**10%**
Total Carbohydrates 48 g	**16%**
Dietary Fiber 3 g	**13%**
Total Sugars 22 g	
Includes Added Sugars	**%**
Protein 5 g	
Vitamin D	0%
Calcium	2%
Iron	10%
Potassium	%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep Frozen (0° F or below). Shelf life up to eighteen months when unopened and stored properly. When thawed at ambient temperature, shelf life is one week. When stored in refrigerated temperature, shelf life is 6 weeks.

ALLERGENS

__C__ = 'Contains' ; __MC__ = 'May Contain' ; __N__ = 'Free From' ; __UN__ = 'Undeclared' ; __INII__ = 'Intentionally nor Inherently Included'; __50__ = 'Derived from Ingredients' ; __60__ = 'Not Derived From Ingredients' ; __NI__ = 'No Info'

- Milk - C
- Peanuts - NI
- Eggs - NI
- Tree - NI
- Soybean - NI
- Fish - NI
- Wheat - NI
- Shellfish - NI
- Sesame - NI

INGREDIENTS

WHOLE WHEAT FLOUR, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLES, OATS, SOYBEAN OIL, INVERT SUGAR, CANOLA OIL, SUGARCANE MOLASSES, CONTAINS 2% OR LESS OF THE FOLLOWING: EGGS, BAKING POWDER (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), WHEY, NATURAL FLAVORS, INULIN, XANTHAN GUM, SPICE, SALT, SOY LECITHIN. CONTAINS EGGS, MILK, WHEAT, SOY.

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PREPARATION & COOKING SUGGESTIONS

Thaw and serve.

SERVING SUGGESTIONS

Thaw and serve.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	290
Protein	5 g
Total Carbohydrates	48 g
Sugars	22 g
Dietary Fiber	3 g
Lactose	
Sucrose	
Vitamin A (IU)	
Vitamin A (RE)	
Vitamin C	
Magnesium	
Monosodium	

Total Fat	9 g
Trans Fat	0 g
Saturated Fat	3 g
Added Sugars	
Polyunsaturated Fat	
Monounsaturated Fat	
Cholesterol	15 mg
Vitamin D	
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	240 mg
Calcium	
Iron	
Potassium	
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

KOSHER	YES