

- Simplot Good Grains RTE Southwest Style Fiesta Blend 6/2.5L...

Vegan/vegetarian;Consistent results—just heat and serve;Serve hot or chill after cooking for cold applications;A Latin-inspired blend featuring brown rice and black beans for a protein punch;From pan to plate in less than 10 minutes



MARKETING



Nutrition Facts

8 Servings per container	
Serving Size	1 cup (143g)
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 3 g	4%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 440 mg	19%
Total Carbohydrates 35 g	13%
Dietary Fiber 3 g	11%
Total Sugars 3 g	
Includes 0 g Added Sugars	0%

Protein 5 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 1 mg	6%
Potassium 230 mg	4%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS



Code		Dist Prod Code		GTIN		Calculated Pack	
10071179048589		215758		10071179048589		6/2.5#	
Brand		Brand Owner		GPC Description			
Simplot Good Grains™		Simplot Global Food, LLC		Grains/Cereal - Not Ready to Eat - (Frozen)			
Gross Weight	Net Weight	Case/Catch Weight		Country Of Origin		Kosher	Child Nutrition
17 LBR	15 LBR	No		United States		Undeclared	No
Shipping							
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To	
13.375 INH	12 INH	7.125 INH	0.6618 FTQ	12x9	547 Days	-10 FAH / 10 FAH	
Traceability Regulation							
Regulation Type Code			Regulatory Act	Trade Item Regulation Compliant		Regulation Restrictions and Descriptors	
BUY_AMERICAN_PROVISION_USDA			N/A	TRUE		NOT_COVERED_BY_FTL	

HANDLING SUGGESTIONS



Keep frozen 0°F or below

ALLERGENS



C = 'Contains'; MC = 'May Contain'; N = 'Free From'; UN = 'Undeclared'; INII = 'Intentionally nor Inherently Included'; 50 = 'Derived from Ingredients'; 60 = 'Not Derived From Ingredients'; NI = 'No Info'

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS



Cooked Brown Rice, Corn, Tomato, Cooked Black Beans, Green Bell Pepper, Onion, Contains less than 2% of Dehydrated Cilantro, Dehydrated Garlic and Onion, Lime Juice Solids, Maltodextrin, Natural Flavors, Salt, Spices, Sugar, Vegetable Oil (Canola and/or Soybean Oil).

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PREPARATION & COOKING SUGGESTIONS

Stove Top / Sauté STOVE TOP Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.

SERVING SUGGESTIONS

Great for all dayparts. Serve as a breakfast burrito in the morning, an off-premise taco bowl for lunch, and as the base for shrimp fajitas for dinner. Brings color and texture to any application.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	180	Total Fat	3 g	Sodium	440 mg
Protein	5 g	Trans Fat	0 g	Calcium	20 mg
Total Carbohydrates	35 g	Saturated Fat	0.5 g	Iron	1 mg
Sugars	3 g	Added Sugars	0 g	Potassium	230 mg
Dietary Fiber	3 g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0 mg		
Vitamin A (IU)	0	Vitamin D	0 mcg	Thiamin	
Vitamin A (RE)	0	Vitamin E		Niacin	
Vitamin C	8 mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

NUTRITIONAL CLAIMS

FAT	LOW	GLUTEN	FREE_FROM	HIGH_FRUCTOSE_CORN_SYRUP	FREE_FROM
MSG	NO_ADDED	CORN	CONTAINS		
VEGAN	YES	VEGETARIAN	YES	TRANS_FAT	FREE_FROM

MORE IMAGES



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