Smithfield

214403 - Smithfield Menu Pride Flat Ham, Bronze Medal, Smoked,...

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smith...



MARKETING

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

Nutrition Facts

121 Servings per container

Serving Size **3 oz.**

Amount Per Serving

Calories **90**

	% Daily Value*
Total Fat 1.5	**2%**
Saturated Fat 0.5 g	**3%**
Trans Fat 0 g	
Cholesterol 30 mg	**10%**
Sodium 950 mg	**40%**
Total Carbohydrates 7 g	**2%**
Dietary Fiber 0 g	**0%**
Total Sugars 5 g	
Includes 5 g Added Sugars	**%**
Protein 11 g	
Vitamin D 10.78 mcg	2%
Calcium 4.08 mg	0%
Iron 0.52 mg	2%
Potassium 410 mg	12%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
90070247190454	214403	90070247190454	2/11# AVG

Brand	Brand Owner	GPC Description
Smithfield	SMITHFIELD FOODS INC.	Pork - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
23.29 LBR	22.24 LBR	Yes	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
15.75 INH	13.625 INH	5.125 INH	0.636 FTQ	8x11	100 Days	28 FAH / 32 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

HANDLING SUGGESTIONS

Store and use per package instructions.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N

INGREDIENTS

CURED WITH: WATER, DEXTROSE, SALT, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, POTASSIUM ACETATE, POTASSIUM LACTATE, SODIUM PHOSPHATES, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE.

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PREPARATION & COOKING SUGGESTIONS

No preparation required.

SERVING SUGGESTIONS

Ham is the perfect holiday center piece or as a weekly meal , serve center of plate, with eggs, or as an addition to a grilled cheese sandwich

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	90	**Total Fat**	1.5	**Sodium**	950 mg
Protein	11 g	**Trans Fat**	0 g	**Calcium**	4.08 mg
Total Carbohydrates	7 g	**Saturated Fat**	0.5 g	**Iron**	0.52 mg
Sugars	5 g	**Added Sugars**	5 g	**Potassium**	410 mg
Dietary Fiber	0 g	**Polyunsaturated Fat**	0 g	**Zinc**	
Lactose		**Monounsaturated Fat**	0.5 g	**Phosphorus**	
Sucrose		**Cholesterol**	30 mg		
Vitamin A (IU)	0.63 0.63 iu	**Vitamin D**	10.78 mcg	**Thiamin**	
Vitamin A (RE)	0.63	**Vitamin E**		**Niacin**	
Vitamin C	0 mg	**Folate**		**Riboflavin**	
Magnesium		**Vitamin B-6**		**Vitamin B-12**	
Monosodium		**Sulphites**		**Nitrates**	

NUTRITIONAL CLAIMS

MORE IMAGES





