Smithfield

214173 - Smithfield Bone-In Ham Steak, Smoked, Water Added, 4/...

All Smithfield brands are driven by the love of meat, ours, yours and, of course, your customers. That's why our offerings are so vast; because we all need our pork and specialty prepared meats our way, no one offers more. Smithfield Culinary offers everything you need to build your menu, from innovative culinary insights and ideas that help create head turning menu ideas. Smit...



MARKETING

Our hams are slow-smoked for a minimum of 5 hours using real hickory chips to ensure a rich mahogany color and deep aroma. That smoking process, coupled with our signature cure and pure honey flavor, creates an unforgettable ham.

PRODUCT SPECIFICATIONS

Code	Dist Prod Code	GTIN	Calculated Pack
90070247194803	214173	90070247194803	40/6OZ AVG

Brand	Brand Owner	GPC Description
Smithfield	SMITHFIELD FOODS INC.	Pork - Prepared/Processed

Gross Weight	Net Weight	Case/Catch Weight	Country Of Origin	Kosher	Child Nutrition
14.905 LBR	14.15 LBR	Yes	United States	Undeclared	No

Shipping

Length	Width	Height	Volume	TIxHI	Shelf Life	Storage Temp From/To
14.321 INH	12.946 INH	5.313 INH	0.57 FTQ	9x10	180 Days	-10 FAH / 0 FAH

Traceability Regulation

Regulation Type Code	Regulatory Act	Trade Item Regulation Compliant	Regulation Restrictions and Descriptors
N/A	N/A	N/A	N/A

Nutrition Facts

4 Servings per container

Serving Size **4 oz**

Amount Per Serving	
Calories	**130**
	% Daily Value*
Total Fat 4.5	**7%**
Saturated Fat 1.5 g	**8%**
Trans Fat 0 g	
Cholesterol 50 mg	**17%**
Sodium 1200 mg	**50%**
Total Carbohydrates 4 g	**1%**
Dietary Fiber 0 g	**0%**
Total Sugars 2 g	
Includes 2 g Added Sugars	**4%**
Protein 18 g	
Vitamin D 0.1 mcg	0%
Calcium 10 mg	0%
Iron 0.8 mg	4%
Potassium 300 mg	9%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

HANDLING SUGGESTIONS

Keep frozen until use.

ALLERGENS

***C** = 'Contains' ; **MC** = 'May Contain' ; **N** = 'Free From' ; **UN** = 'Undeclared' ; **INII** = 'Intentionally nor Inherently Included'; **50** = 'Derived from Ingredients' ; **60** = 'Not Derived From Ingredients' ; **NI** = 'No Info'*

- Milk - N
- Peanuts - N
- Eggs - N
- Tree - N
- Soybean - N
- Fish - N
- Wheat - N
- Shellfish - NI
- Sesame - N
- Crustaceans - N
- Molluscs - N

INGREDIENTS

Cured with Water, Dextrose, Salt, Modified Food Starch and Contains 2% or Less of the Following Ingredients: Sodium Lactate, Sodium Phosphate, Sodium Diacatate, Brown Cane Sugar, White Cane Sugar, Sodium Erythorbate, Sodium Nitrite, Natural Flavor.

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PREPARATION & COOKING SUGGESTIONS

Thaw ham steak in refrigerator for 12 to 24 hours. Flat Top Grill: Heat grill to 325°F. Grill ham steak 1 1/2 to 2 minutes per side until heated through (140°F.).

SERVING SUGGESTIONS

For breakfast, lunch, or dinner, savory ham steaks are a quick and hearty meal.

MORE INFORMATION

NUTRITIONAL ANALYSIS

Calories	130
Protein	18 g
Total Carbohydrates	4 g
Sugars	2 g
Dietary Fiber	0 g
Lactose	
Sucrose	
Vitamin A (IU)	0 0 iu
Vitamin A (RE)	0
Vitamin C	1.5 mg
Magnesium	
Monosodium	

Total Fat	4.5
Trans Fat	0 g
Saturated Fat	1.5 g
Added Sugars	2 g
Polyunsaturated Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	50 mg
Vitamin D	0.1 mcg
Vitamin E	
Folate	
Vitamin B-6	
Sulphites	

Sodium	1200 mg
Calcium	10 mg
Iron	0.8 mg
Potassium	300 mg
Zinc	
Phosphorus	
Thiamin	
Niacin	
Riboflavin	
Vitamin B-12	
Nitrates	

NUTRITIONAL CLAIMS

MORE IMAGES



